Current Perspectives in Hypertension

This Supplement to Hypertension represents the collected papers based upon presentations made at a conference entitled "Current Perspectives in Hypertension: A Symposium on Food, Nutrition, and Health" held at Princeton, New Jersey, March 29–31, 1982. The meeting was made possible by a Grant-in-Aid from the Campbell Soup Company, Camden, New Jersey. The Symposium is noteworthy for its timeliness and its having provided a unique opportunity for a diverse group of professionals to discuss an area of high blood pressure research that is of vital interest to investigators, clinicians, public policy makers, food manufacturers, and the general public. The manuscripts provide reviews of specific topics, original research, and commentaries related to nutrition and blood pressure.

The initial segment of the Supplement reviews the current state of knowledge regarding nutrients and their established and postulated contributions to blood pressure regulation. The second part addresses specific pathophysiologic mechanisms involved in the genesis and maintenance of high blood pressure in the context of alteration in various nutrients. The third segment assesses nutritional and blood pressure factors as they relate to life-styles and populations at risk of developing hypertension. Finally, the implications of this area of investigation for future research and formulation of public policy are discussed.

The Symposium and the publication of its proceedings in this Supplement have hopefully advanced our understanding of the importance and complexities of integrating the disciplines of nutrition and hypertension research. In preparing this special issue of Hypertension, the Editors have maintained the editorial standards of the journal and its review process through the cooperation of the authors and the remarkable responsiveness of the many reviewers who, on short notice, critiqued the submitted manuscripts. The Editors are particularly indebted to Drs. Harriet Dustan and Friedrich C. Luft who joined the Publication Committee. The publication of the Symposium’s proceedings in less than 5 months, however, is principally due to the expert editorial skills of Jerre Myers, Assistant Editor, and Elaine Babcock, Technical Editor, of Hypertension, and to the support and encouragement of Chor-San Khoo, Ph.D., Manager of Nutritional Sciences, and Arnold E. Denton, Ph.D., President of the Campbell Institute of Research and Technology. Without their collective efforts neither the Symposium nor the publication of this Supplement of Hypertension would have been possible.

To serve as Guest Editors for this issue of Hypertension has been a distinct pleasure for us. We trust that the scientific information and insight that this publication contains successfully conveys the commitment of the interested researchers and public officials who participated to continue to expand our understanding of nutritional factors that contribute to the control of blood pressure in humans.

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