Renal endothelin (ET)-1 is produced by vascular endothelium in the cortex, including glomerular capillaries, arterioles, and peritubular capillaries, and by tubular epithelial cells in the inner medulla. These 2 compartments represent 2 distinct systems, both involved in volume homeostasis. ET-1 produced in the vasculature by endothelial cells is able to reduce blood flow at the renal cortex by acting on endothelin type A (ET\(_A\)) receptor subtype. This vascular ET\(_A\)-mediated effect results in increased sodium reabsorption in both humans and experimental animals. Conversely, ET-1 produced by tubular epithelial cells inhibits arginine vasopressin (AVP)-stimulated osmotic water permeability in inner medullary collecting ducts via endothelin type B (ET\(_B\)) receptor subtype, thus increasing free water clearance.

There is in vitro evidence that the increased osmolality increases prepro-ET-1 (ppET-1) mRNA expression and ET-1 synthesis in epithelial tubular cells. In vivo, an increased renal ET-1 production has been found in pathophysiological and clinical conditions characterized by increased medulla osmolarity, such as dehydrated physical exercise, low sodium diet, and heart failure. However, although cortical and medullary ET-1 systems participate differently in sodium and water handling, no studies exist comparing the activation of the ET-1 system in the 2 renal regions in the sodium-retentive states. Moreover, despite the fact that the use of ET-1 receptor antagonist has been proposed in heart failure, no information is available as to whether the increased local ET-1 synthesis is associated with a consensual increase in receptor synthesis or whether it may cause downregulation of its specific receptors.

Therefore, the aims of this study are to compare the effects of low sodium diet on the expression of the various ET-1 system components (ppET-1, endothelin-converting enzyme [ECE]-1, ET\(_A\), and ET\(_B\)) in the cortex and in renal medulla and to investigate whether sodium might play a direct role on endothelin receptor binding density and affinity.

### Methods

Twelve patients affected by polar tumor and listed for elective nephrectomy were investigated. No subject was a smoker or had taken any drug for at least 4 weeks. Patients with hypertension, ischemic heart disease, heart failure, renal failure, abnormal liver function, or a history of tobacco use, alcohol abuse, or drug addiction were excluded from the study. No patient had used a medication for at least 4 weeks before surgery. All patients underwent a normal sodium diet (110 mmol/d NaCl; n=6) or a low sodium diet (20 mmol/d NaCl; n=6). Patients were studied before and after nephrectomy; in the former group, surgical intervention was performed in the renal cortex (where no changes in receptors occur), whereas type B receptor is selectively enhanced in the renal medulla. The range of sodium concentrations that are physiologically present in vivo in the renal medulla selectively modulate type B receptor density and affinity. (Hypertension. 2002;40:179-185.)

### Key Words:
- endothelin receptors
- endothelin sodium kidney water-electrolyte balance diet, sodium-restricted

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**Abstract**—Renal endothelin-1 participates in sodium and water handling, and its urinary excretion is increased in sodium-retentive states. We compared the cortical and medullary renal expression of prepro-endothelin-1, endothelin-converting enzyme-1, and endothelin type A and type B receptors in patients who underwent nephrectomy after normal (108 mmol/d NaCl; n=6) or low (20 mmol/d NaCl; n=6) sodium diet and investigated whether sodium exerts a direct role on endothelin receptor binding in vitro. With normal sodium diet prepro-endothelin-1 mRNA was 3-fold higher in renal medulla than in cortex (P<0.01), whereas endothelin-converting enzyme-1 mRNA was equally distributed. Endothelin-1 receptor density was 2-fold higher in renal medulla than in cortex (P<0.05). Type B was the main receptor subtype in both regions. In the renal cortex, low sodium diet caused a 194% increase in prepro-endothelin-1 mRNA (P<0.05), whereas endothelin-converting enzyme-1 type B and type A receptors remained unchanged. In contrast, in the renal medulla the increase in prepro-endothelin-1 mRNA (+30%, P<0.05) was associated with a selective increase in type B receptor for both mRNA expression (+37%, P<0.05) and binding density (+55%, P<0.05). Increasing in vitro sodium concentrations between 154 and 308 mmol/L significantly enhanced type B receptor density (P<0.05) and affinity (P<0.05). In conclusion, during low sodium diet, renal prepro-endothelin-1 synthesis increases mainly in the renal cortex (where no changes in receptors occur), whereas type B receptor is selectively enhanced in the renal medulla. The range of sodium concentrations that are physiologically present in vivo in the renal medulla selectively modulate type B receptor density and affinity. (Hypertension. 2002;40:179-185.)
TABLE 1. Characteristics of Subjects Investigated

<table>
<thead>
<tr>
<th>Normal Sodium Intake (n=6)</th>
<th>Low Sodium Intake (n=6)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y</td>
<td>53±3</td>
</tr>
<tr>
<td>Gender, M/F</td>
<td>4/2</td>
</tr>
<tr>
<td>Systolic arterial pressure, mm Hg</td>
<td>125±7</td>
</tr>
<tr>
<td>Diastolic arterial pressure, mm Hg</td>
<td>82±3</td>
</tr>
<tr>
<td>Plasma glucose, mg/dL</td>
<td>80±6</td>
</tr>
<tr>
<td>Plasma sodium, mEq/L</td>
<td>139±4</td>
</tr>
<tr>
<td>Plasma creatinine, mg/dL</td>
<td>0.97±0.25</td>
</tr>
<tr>
<td>Creatinine clearance, mL/min</td>
<td>93±7</td>
</tr>
<tr>
<td>Sodium clearance, mL/min</td>
<td>0.6±0.04</td>
</tr>
<tr>
<td>Plasma renin activity, ng Ang I/mL per hour</td>
<td>1.58±0.32</td>
</tr>
</tbody>
</table>

*P<0.05 vs normal sodium intake.

function tests or diabetes were excluded. The study was approved by the local review committee of the University of Florence, and all subjects gave their informed, written consent.

During the week preceding surgery, patients were randomized to receive a 7-day period of the same basic diet, with either normal (108 mmol/d NaCl; n=6) or low (20 mmol/d NaCl; n=6) sodium intake. Urine and plasma samples for the determination of sodium, creatinine, and plasma renin activity (PRA) were taken daily during the last 3 days of each diet regimen (Table 1).

Transmural kidney specimens, containing both cortex and medulla, were cut from the pole opposite the tumor and fixed in 4% paraformaldehyde for in situ hybridization studies. In addition, separated specimens of whole medulla (containing both inner and outer medulla) and cortex were dissected immediately after nephrectomy and frozen in liquid nitrogen for binding and RT-PCR studies.

Receptor Binding Studies

Cell membranes were obtained from homogenated tissue as previously described.17 Competition and kinetic studies were performed in the presence of increasing concentrations of NaCl or NaH2PO4 (0, 60, 120, 180, 240, 300, and 360 mmol/L). Experiments were carried out in triplicate, and separate curves for renal cortex and medulla were obtained in each patient.

Equilibrium Binding Studies

Cell membranes (250 μg/mL) were incubated with 125I-ET-1 (100 pmol/mL, 2000 Ci/mmol) (Amersham) and increasing concentrations of unlabeled ET-1 (0 to 1 μmol/L) or selective ETa (BQ123, 0 to 100 μmol/L) and ETb (BQ788, 0 to 100 μmol/L) antagonists for 120 minutes at 22°C in a final volume of 0.2 mL.17 The content was then rapidly filtered through glass fiber filters (Whatman GF/C). Binding data were analyzed using a nonlinear fitting computer program (LIGAND).18

Kinetic Analysis

The kinetics of association of 125I-ET-1 (100 pmol/mL) to cell membranes (250 μg/mL) were evaluated as previously described.19

RT-PCR Analysis

Levels of ppET-1, ECE-1, ETa, and ETb transcripts were quantified with reverse transcription-polymerase chain reaction (RT-PCR) using specific primers (Table 2) with GAPDH as the internal standard as previously described.17 The efficiency of amplification of each primer pair was calculated beforehand from the slope of the semilogarithmic relationship between cycles of amplification (26 to 44) and amplification products (23% for GAPDH, 23% for ppET-1, 22% for ECE-1, and 22% for both ETa and ETb receptors) (Figure 1). All RT-PCR studies were performed in triplicate in all subjects investigated.

In Situ Hybridization Studies

In situ hybridization studies were performed as previously described2 using specific cDNA probes for ETa and ETb receptor subtypes (ETa, American Type Culture Collection, ATCC 105194, and ETb, ATCC 1250426) and for GAPDH (ATCC 57090).

Statistical Analysis

Data are presented as mean±SD. Comparisons of a single observation between groups were made with ANOVA and 2-tailed t tests. All statistical analyses were performed with BMDP statistical software (BMDP Statistical Software, Inc).

Results

Renal ET-1 System

RT-PCR showed that the ppET-1/GAPDH ratio was 3-fold higher in renal medulla than in cortex (1.01±0.1 versus 0.31±0.24, respectively; P<0.01), whereas there was a comparable presence of ECE-1 mRNA in the 2 regions (ECE-1/GAPDH ratios of 0.85±0.45 and 0.78±0.44, respectively) (Figure 2A).

ETb mRNA was the prevalent receptor transcript in both medulla (1.21±0.08 and 0.39±0.12 for ETb/GAPDH and ETa/GAPDH ratios, respectively) and renal cortex (0.95±0.33 and 0.45±0.14, respectively) (Figure 2A). In situ hybridization studies showed that mRNA for ETb receptor was mainly expressed by tubular epithelial cells in renal medulla, whereas the ETa subtype was almost exclusively distributed by different epithelial cells.

<table>
<thead>
<tr>
<th>Primer</th>
<th>Sequence 5'—3'</th>
<th>cDNA Sizes (bp)</th>
<th>T Annealing (°C)</th>
<th>Cycles (n)</th>
</tr>
</thead>
<tbody>
<tr>
<td>GAPDH</td>
<td>5'TGAAGGTCCGAGTCAACGGA</td>
<td>987</td>
<td>58</td>
<td>32</td>
</tr>
<tr>
<td>ppET-1</td>
<td>5'GTCACACTCCGGAGACCGTT</td>
<td>304</td>
<td>60</td>
<td>32</td>
</tr>
<tr>
<td>ECE-1</td>
<td>5'TCGCTGGACCAAGCTTCTT</td>
<td>572</td>
<td>52</td>
<td>32</td>
</tr>
<tr>
<td>ETb</td>
<td>5'TATCAATGTATTTATTAGCTGG</td>
<td>252</td>
<td>56</td>
<td>35</td>
</tr>
<tr>
<td>ETa</td>
<td>5'TTGAAGCTGAGATGTTAAGC</td>
<td>626</td>
<td>56</td>
<td>35</td>
</tr>
</tbody>
</table>
localized in the endothelial cells of peritubular vessels (Figure 2B).

With binding studies, ET-1 receptor density was 2-fold higher in renal medulla than in cortex (127±13 versus 59±9 fmol/mg protein, P<0.05) (Table 3). Again with binding studies, receptor population was almost exclusively represented by the ETb subtype in both districts (>80%) (Figure 3), with a 2.3-fold higher maximum binding (Bmax) in renal medulla than in renal cortex (Table 3). No differences in receptor affinity were observed between renal medulla and renal cortex.

**Effect of Low Sodium Diet**

In renal cortex, only mRNA for ppET-1 was markedly increased (+194% versus normal sodium diet) whereas mRNAs for ECE-1 and receptor subtypes remained unchanged (Figure 4). No changes in receptor binding were found in renal cortex (Table 3).

Conversely, in renal medulla, both ppET-1 and ETb genes were significantly enhanced (+30% and +37%, respectively; P<0.05 for both) without any changes in ECE-1 and ETA transcripts. Binding studies confirmed the selective increase in ETb receptor density in renal medulla during low sodium diet (+55% versus normal sodium diet) with no modifications in the ETA subtype (Table 3, Figure 5).

**Effect of Sodium In Vitro**

ETb receptor density and affinity showed a sodium-dependent increase in renal medullary membranes obtained from patients on normal sodium diet (Table 3, Figure 6). The increase was significant for NaCl concentrations greater than 154 mmol/L because, at 154 mmol/L, ETb receptor density was increased by 15% versus NaCl-free buffer (NS), whereas at 231 and 308 mmol/L increased by 28% (P<0.05 versus NaCl-free buffer) and 49% (P<0.05 versus both NaCl-free buffer and 154 mmol/L NaCl).

Likewise, the binding affinity remained almost unchanged versus NaCl-free buffer up to 154 mmol/L NaCl (1.5-fold, NS), and was 3.2-fold and 3.8-fold enhanced at 231 and 308 mmol/L NaCl, respectively (P<0.05 versus NaCl-free and 154 mmol/L NaCl for both) (Table 3).

In addition, the same effect was observed with membranes isolated from renal cortex. The relationship between the K×R product of ET-1 binding (a unitless measure of the amount of

---

**Figure 1.** A, Amplification of GAPDH, endothelin type A (ETA) and type B (ETb) receptors, prepro-endothelin (ppET)-1, and endothelin-converting enzyme (ECE)-1 in human renal medulla at increasing numbers of cycles (26 to 44). B, Semilogarithmic representation of the relative extent of amplification (Y) of GAPDH, ETA, and ETb receptors, ppET-1, and ECE-1.

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**Figure 2.** Expression of the components of the ET-1 system in human kidney. A, Representative RT-PCR of mRNA expression for ppET-1, ECE-1, and GAPDH (upper panel) and for ETA and ETb receptors and GAPDH (lower panel) in human kidney at normal sodium diet (n=6). Ratio to GAPDH mRNA expression is reported. *P<0.01 versus medulla. B, In situ hybridization studies for ETA and ETb receptor mRNAs in renal medulla and renal cortex. Prevalent ETb expression on tubular epithelial cells in renal medulla. Localization of ETA subtype in interstitial and endothelial cells of peritubular vessels.
NaH2 PO4 was used instead of NaCl (Figure 7). enhancement of binding efficiency was not attributable to a 4-fold increase in ET-1 binding efficiency (Figure 7). The present study shows that during low sodium diet (1) the synthesis of renal ppET-1 is increased mainly in the cortex, whereas (2) ETB receptor density selectively increases in renal medulla, where the vascular component is highly represented, than in renal cortex. Moreover, mRNA studies performed in cortical tissue have revealed that the ETA receptor, previously found in homogenates from renal cortex, 20,21 is mainly downregulated during low sodium diet (RT-PCR studies). Sodium reabsorption mainly occurs at the proximal tubule with an active process. In addition, when extracellular volume is contracted, as during low sodium diet, and postglomerular resistances are increased to maintain the glomerular filtration rate, the decreased hydrostatic pressure and the increased colloid osmotic pressure in peritubular capillaries further enhance the rate of sodium reabsorption at the proximal tubule. The wide range of increase in ppET-1 expression in renal cortex (+194%) might contribute to ligand-receptor binding) and sodium concentration in the incubation medium showed a sigmoid pattern with a maximum rate of increase for sodium concentrations ranging between 154 and 308 mmol/L, which corresponded to a 4-fold increase in ET-1 binding efficiency (Figure 7). The enhancement of binding efficiency was not attributable to chloride because similar results were obtained when NaH2PO4 was used instead of NaCl (Figure 7).
reducing cortical blood flow through ET\textsubscript{A} receptors\textsuperscript{4,5,22}, enhancing sodium and water reabsorption at the proximal tubule. The reduction in cortical blood flow also attenuates the flow in the vasa recta, so that the reduced washout of osmolytes in renal medulla increases intratubular sodium concentration and passive sodium reabsorption at the thin ascending limb of Henle’s loop\textsuperscript{23,24}.

Therefore, the high ppET-1 overexpression in the cortex at low sodium diet, without changes in vascular ET\textsubscript{A} receptor, indicate that, at normal sodium diet, the ET\textsubscript{A} receptor population exceeds the physiological requirement and that, during low sodium diet, ET-1 contributes to sodium reabsorption mainly via the ET\textsubscript{A}-mediated reduction of cortical blood flow and, finally, that ET-1 does not downregulate the ET\textsubscript{A} receptor.

Unlike in the cortex, in renal medulla the increased ppET-1 transcript (30%) is paralleled by selective ET\textsubscript{A} receptor gene overexpression (37%) with selective increase in the number of ET\textsubscript{B} binding sites (55%). The mechanisms responsible for the increased medullary de novo synthesis of ET\textsubscript{B} receptors during low sodium diet remain to be investigated, and a possible role for medulla hyperosmolarity can only be postulated. In situ hybridization indicates that the ET\textsubscript{B} receptor gene in the renal medulla is expressed by epithelial cells of distal tubules and collecting ducts, where previous autoradiographic studies had localized the receptor protein\textsuperscript{19}. ET\textsubscript{B} receptors in inner medullary collecting ducts mediate the ET-1 inhibitory effect on AVP-stimulated osmotic water permeability\textsuperscript{6,25,26}. In addition, ET\textsubscript{B} stimulation also inhibits sodium reabsorption along the thick ascending limb\textsuperscript{5,27}. ET\textsubscript{B}-selective overexpression in the renal medulla during low sodium diet may modulate ET\textsubscript{A}-mediated sodium retention, at the same time contrasting AVP-mediated water reabsorption and possible hyponatremia in clinical conditions characterized by nonosmotic AVP secretion, such as heart failure.

During a low sodium diet, the efficiency of ET\textsubscript{B} receptor binding in renal medulla also appears to be magnified, in addition to increased ET\textsubscript{B} receptor synthesis. In vitro studies have indeed shown a direct effect of increased local sodium concentration on ET\textsubscript{B} receptor density and affinity in medullary membranes. The maximum effect of sodium on ET\textsubscript{B} receptors in vitro is evident between 154 and 308 mmol/L.
Perspectives

The enhanced ET-1 synthesis with increased efficiency of the ETβ receptor in human renal medulla during low sodium diet shows a dynamic modulation of the renal ET-1 system in a physiological condition of sodium retention. ETβ enhances free water clearance so that medullary ETβ receptor adaptation might indeed play a key role in counteracting cortical ETα-mediated sodium retention and AVP-mediated water reabsorption in sodium retentive states.

These results might also bear implications for the proposed therapeutic use of endothelin receptor antagonist in heart failure. Notwithstanding the fact that acute nonselective ET-1 antagonism showed hemodynamic benefits in heart failure patients,36,37 the ETβ blockade might be responsible for the early and sustained increase in body weight and frequency of edema caused by fluid retention, recently observed during chronic mixed ETα/ETβ receptor blockade.38 It is worth recalling that, in experimental heart failure, only the use of selective ETα antagonists was shown to improve diuresis, whereas no effects were observed following the administration of nonselective ET-1 antagonists.39,40 Therefore, the enhanced ETβ efficiency might play a relevant role, especially under conditions of marked sodium retention.

References


Figure 7. Effect of increasing NaCl and NaH2PO4 concentration in the incubation buffer on the ET-1 binding efficiency as expressed by the K×R product (affinity constant × receptor binding concentration). *P<0.05 versus NaCl-free buffer and versus NaCl 154 mmol/L.


ETB Receptor in Renal Medulla Is Enhanced by Local Sodium During Low Salt Intake
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