Ac-SDKP Reverses Inflammation and Fibrosis in Rats With Heart Failure After Myocardial Infarction

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Abstract—Inflammation may play an important role in the pathogenesis of cardiac fibrosis in heart failure (HF) after myocardial infarction (MI). N-acetyl-seryl-aspartyl-lysyl-proline (Ac-SDKP) is a naturally occurring antifibrotic peptide whose plasma concentration is increased 4- to 5-fold by angiotensin-converting enzyme inhibitors. We tested the hypothesis that in rats with HF after MI, Ac-SDKP acts as an anti-inflammatory cytokine, preventing and also reversing cardiac fibrosis in the noninfarcted area (reactive fibrosis), and thus affording functional improvement. We found that Ac-SDKP significantly decreased total collagen content in the prevention group from 23.7±0.9 to 15.0±0.7 μg/mg and in the reversal group from 22.6±2.2 to 14.4±1.6 (P<0.01). Intersitial collagen volume fraction and perivascular collagen were likewise significantly reduced. We also found that infiltrating macrophages were reduced from 264.7±8.1 to 170.2±9.2/mm², P<0.001 (prevention), and from 257.5±9.1 to 153.1±8.5 mm², P<0.001 (reversal), while transforming growth factor (TGF)-β-positive cells were decreased from 195.6±8.4 to 129.6±5.7/mm², P<0.01 (prevention), and from 195.6±8.4 to 130.7±10.8/mm², P<0.01 (reversal). Ac-SDKP did not alter either blood pressure or left ventricular hypertrophy (LVH); however, it depressed systolic cardiac function in the prevention study while having no significant effect in the reversal group. We concluded that Ac-SDKP has an anti-inflammatory effect in HF that may contribute to its antifibrotic effect; however, this decrease in fibrosis without changes in LVH was not accompanied by an improvement in cardiac function. (Hypertension. 2004;43:229-236.)

Key Words: rat ■ myocardial infarction ■ cardiac function ■ collagen ■ macrophages ■ transforming growth factor-β

N-acetyl-seryl-aspartyl-lysyl-proline (Ac-SDKP) is a naturally occurring antifibrotic peptide whose plasma concentration is increased 4- to 5-fold by angiotensin-converting enzyme inhibitors. Ac-SDKP is released from its precursor thymosin-β₄, which is present in most cells. It inhibits pluripotent hematopoietic stem cell and hepatocyte proliferation by halting entry into the S phase of the cell cycle, maintaining cells in the G0/G1 phase and thereby helping control their proliferation. We have shown that in vitro Ac-SDKP inhibited cardiac fibroblast proliferation and collagen synthesis, while in vivo it prevented collagen deposition in the left ventricle (LV) and kidneys in rats with aldosterone-salt hypertension and renovascular hypertension. This decrease in collagen deposition was associated with a reduced number of proliferating cell nuclear antigen (PCNA)-positive cells, a marker of cell proliferation. These effects of Ac-SDKP occurred without changes in blood pressure or cardiomyocyte hypertrophy. Our studies suggest that one of the mechanisms by which Ac-SDKP prevents fibrosis is by inhibiting fibroblast proliferation and collagen synthesis. It is also known that inflammation plays a central role in the pathogenesis of interstitial and perivascular cardiac fibrosis in heart failure (HF) post-myocardial infarction (MI). Fibrosis is often co-localized with macrophages, which release cytokines such as transforming growth factor-β (TGF-β) that play a crucial role in myocardial fibrosis. There is evidence that Ac-SDKP inhibits TGF-β signal transduction through suppression of Smad2 phosphorylation. However, it is not known whether it also inhibits the expression of TGF-β.

In the present study, we tested the hypothesis that in HF post-MI, Ac-SDKP in the noninfarcted region of the myocardium acts as an anti-inflammatory cytokine, decreasing macrophage infiltration and TGF-β expression, and thereby reducing reactive cardiac fibrosis, resulting in improved cardiac function. We also tested the hypothesis that Ac-SDKP not only prevents the development of inflammation and fibrosis but also can reverse these processes when they are already established.

Methods

Eight-week-old male Lewis inbred rats weighing 255 to 275 g (Charles River Laboratories, Wilmington, Mass) were housed in an air-conditioned room with a 12-hour light/dark cycle, received standard laboratory chow (0.4% sodium), and drank tap water. Animals were given 5 to 7 days to adjust to their new environment before surgery and then were subjected to MI by ligating the left...
Experimental Protocols

Rats with MI were divided into two protocols: prevention and reversal.

**Prevention Protocol**

The prevention control group (n=10) received vehicle starting 7 days before MI induction and continuing for up to 4 months post-MI. This control group was also important for the reversal protocol, because it demonstrated that the inflammatory process did not decline by itself (time control). The prevention Ac-SDKP group (n=9) received Ac-SDKP starting 7 days before MI induction and continuing until 4 months post-MI.

**Reversal Protocol**

The reversal time control group (n=10) received vehicle starting 2 months after MI induction and continuing for up to 4 months post-MI. Because all parameters measured in these groups were similar to the prevention control group, they were combined and served as a 4-month control (MI-vehicle/4 months) for the prevention study and also as a time control for the reversal studies. In the reversal baseline control group (n=10), the rats were killed 2 months after MI and served as a baseline control for the reversal Ac-SDKP group (MI-vehicle/2 months). The reversal Ac-SDKP group (n=9) received Ac-SDKP starting 2 months after MI and continuing for 2 months. This time was selected because at 2 months, chronic inflammation and fibrosis are present in the LV. Rats in the sham MI group (n=11) underwent a surgical procedure similar to that performed in those with MI, except that the suture around the coronary artery was not tightened.

**Parameters Measured**

In all groups, we measured systolic blood pressure by tail cuff12 and cardiac function by echocardiography.12,13 At the end of the experiments, the heart was stopped at diastole by injecting 10% KCl, then excised and weighed. The LV was sectioned transversely into four slices from apex to base. One slice was stored for hydroxyproline assay and the other three were rapidly frozen in isopentane solution precooled in liquid nitrogen for morphometric analysis of infarct size as well as histological and immunohistochemical examination of infarct size, myocyte cross-sectional area, interstitial and perivascular collagen, macrophages, and TGF-β-positive cells in the non-infarcted myocardium (Extended details can be found in an online supplement available at http://www.hypertensionaha.org).

**Data Analysis**

Data are expressed as mean±SE. One-way ANOVA was used to test for differences among groups, such as sham versus MI-vehicle 2 months or MI-vehicle 4 months; MI-vehicle 4 months versus MI-Ac-SDKP prevention or MI-Ac-SDKP reversal; and MI-vehicle 2 months versus MI-Ac-SDKP reversal. Tukey’s method of post hoc testing was used for pairwise comparisons. Homogeneity of variance was checked for each comparison, with appropriate adjustments made when warranted.

**Results**

Of the 60 rats that underwent coronary ligation, 5 died after surgery, for a surgical mortality rate of 8%. In addition, 4 died within 2 months (2 in the HF-vehicle group and 2 in the Ac-SDKP prevention group) and 3 died within 3 months (1 in the HF-vehicle group and 2 in the Ac-SDKP reversal group). No deaths involved cardiac rupture, and no rats in the sham-ligated group died.

**Blood Pressure and Heart Rate**

Systolic blood pressure was not significantly different among groups (Table). Heart rate was also similar in all groups, suggesting that Ac-SDKP has no significant influence on blood pressure and heart rate either in normal rats or in rats with MI.

**Cardiac Function and Infarct Size**

Infarct size was similar among groups, indicating that early treatment with Ac-SDKP (prevention protocol) did not affect infarct size (Table). MI caused cardiac hypertrophy and chamber dilatation, as evidenced by increased LV weight, myocyte cross-sectional area (MCSA), and left ventricular diastolic dimension (LVDd). Ac-SDKP administered either early or late had no significant effect on these parameters. Ejection fraction (EF), an index of cardiac performance, was significantly increased in both vehicle groups and MI-Ac-SDKP prevention or MI-Ac-SDKP reversal; and MI-vehicle 2 months versus MI-Ac-SDKP reversal. Tukey’s method of post hoc testing was used for pairwise comparisons. Homogeneity of variance was checked for each comparison, with appropriate adjustments made when warranted.

**Macrophage Infiltration**

A few macrophages were seen in the interstitial space of sham-MI rats (34.7±2.1 mm²). The number of macrophages increased significantly at 2 months post-MI.
(257.5±9.1 per mm²; *P<0.001 versus sham MI) and remained elevated at 4 months (264.7±8.1 per mm²; *P<0.001 versus sham MI). In the vehicle groups there were no significant differences in macrophage number between 2 and 4 months post-MI. Ac-SDKP attenuated the increase in macrophages in the prevention protocol (170.2±9.2 per mm²; *P<0.001 versus MI-vehicle/4 months) and decreased macrophage infiltration in the reversal protocol (153.1±8.5 per mm²; *P<0.001 versus MI-vehicle/2 months and MI-vehicle/4 months) (Figure 1, upper panel; Figure 2).

**TGF-β-Positive Cells**

A few TGF-β-positive cells were seen in the heart in the sham MI group (42.8±1.9 per mm²). The number of TGF-β-positive cells increased markedly 2 months post-MI (184.9±8.0 per mm²; *P<0.001) and remained elevated at 4 months (195.6±8.4 per mm²; *P<0.001 versus sham MI). In the vehicle groups there were no significant differences in TGF-β-positive cell number between 2 and 4 months post-MI. Ac-SDKP attenuated the increase in TGF-β-positive cells in the prevention protocol (129.6±5.3 per mm²; *P<0.001 versus MI-vehicle/4 months) and significantly decreased TGF-β-positive cells in the reversal protocol (130.7±10.2 per mm²; *P<0.001 versus MI-vehicle/2 months and MI-vehicle/4 months) (Figure 1, lower panel; Figure 3). Histologically, TGF-β-positive cells were very similar to macrophages: large and round with an elliptical or kidney-shaped nucleus and located mainly in the interstitial space, suggesting that TGF-β is expressed mainly in macrophages in the rat heart post-MI.

**Collagen Content**

In the sham MI group, cardiac collagen content was 11.9±0.3 μg/mg LV dry weight, and it increased significantly and similarly at 2 and 4 months post-MI (22.6±2.0 and 23.7±0.9 μg/mg, respectively; *P<0.001 versus sham MI). In the vehicle groups there were no significant differences in cardiac collagen content between 2 and 4 months post-MI. Ac-SDKP significantly attenuated the increase in collagen content in the prevention protocol to 15.0±0.7 μg/mg (*P<0.001 versus MI-vehicle/4 months) and significantly decreased collagen content in the reversal protocol (14.4±1.5 μg/mg LV dry weight; *P=0.006 versus MI-vehicle/2 months; *P<0.001 versus MI-vehicle/4 months) (Figure 4).

**Interstitial Collagen Fraction**

Cardiac interstitial collagen fraction (ICF) in the sham MI group was 5.8%±0.2% and increased significantly at 2 and 4 months post-MI (12.5%±0.2% and 13.0%±0.3%, respectively; *P<0.001 versus sham MI). In the vehicle groups there were no significant differences in ICF between 2 and 4 months post-MI.

![Figure 2](https://example.com/f2.png)

Figure 2. Representative images showing macrophage infiltration (brown staining) in rat hearts with sham myocardial infarction (MI) or MI treated with vehicle or Ac-SDKP (immunohistochemical staining and hematoxylin counterstaining, ×400).
post-MI. Ac-SDKP attenuated the increase in ICF in the prevention protocol (10.2 ± 0.4%; \( P < 0.001 \) versus MI-vehicle/4 months) and decreased ICF in the reversal protocol (10.3 ± 0.6 μg/mg LV dry weight; \( P < 0.003 \) versus MI-vehicle/2 months; \( P < 0.001 \) versus MI-vehicle/4 months) (Figure 5, upper panel; Figure 6).

Perivascular Collagen

The ratio of perivascular collagen area to luminal area of the coronary arterioles (PVCA/LA) was 1.76 ± 0.1 in the sham MI group, and it increased significantly at 2 and 4 months post-MI (4.5 ± 0.5 and 4.8 ± 0.2, respectively; \( P < 0.001 \) versus sham MI). In the vehicle groups, there were no significant differences in PVCA/LA between 2 and 4 months post-MI. Ac-SDKP significantly attenuated the increase in perivascular collagen in the prevention protocol (2.5 ± 0.2; \( P < 0.001 \) versus MI-vehicle/4 months) and significantly decreased perivascular collagen in the reversal protocol (2.5 ± 0.2; \( P = 0.002 \) versus MI-vehicle/2 months; \( P < 0.001 \) versus MI-vehicle/4 months) (Figure 5, lower panel; Figure 7).

Discussion

Previously we have shown that Ac-SDKP prevents macrophage infiltration and cardiac fibrosis in rats with renovascular and mineralocorticoid-salt hypertension.5,14 In the present work, using a rat model of cardiac remodeling post-MI, we found that treatment with Ac-SDKP not only prevented but also reversed reactive cardiac fibrosis in the noninfarcted region of the myocardium (increase in total collagen, ICF, and perivascular collagen). In addition, Ac-SDKP partially prevented and also partially reversed the inflammatory pro-
cess in the heart (increase in macrophages and TGF-β-
positive cells). Cardiac fibrosis and chronic inflammation
were similar at 2 and 4 months after MI in the vehicle groups.
We also found that Ac-SDKP did not change blood pressure.
Thus, the effects of Ac-SDKP on inflammation and fibrosis
do not appear to be secondary to hemodynamic changes.
Also, as we found in the hypertensive models, Ac-SDKP did
not decrease MCSA or left ventricular hypertrophy (LVH).5,14
LV remodeling after MI is a complex process that involves
both the infarcted and noninfarcted areas and contributes
significantly to LV dilatation, development of HF, and death.
Reparative fibrosis occurs at the site of the MI and is essential
to rebuilding the necrotic myocardium to preserve structural
integrity of the heart and to avoid cardiac rupture;13 however,
scar formation was not the focus of this study. In the present
work, we focused on the noninfarcted myocardium, where
reactive and reparative interstitial fibrosis occur. Collective
evidence indicates that the interstitial collagen matrix in the
noninfarcted area plays a major role in healing and remodeling
after MI.16–18 In this area there is some controversy over
whether cardiac stem cells and inflammatory cells (after
infiltrating the tissue) are able to proliferate.17,19,20 It has been
shown that infiltrating macrophages, fibroblasts, and myo-
fibroblasts are abundant in the interstitium of the heart post-MI.20–22
Chemotactic factors (including monocyte chemo-
attractant protein-1 [MCP-1]) stimulate macrophage infiltra-
tion in the myocardium and other tissues.22–25 These infiltrat-
ing macrophages release cytokines such as TGF-β, which
stimulates fibroblast proliferation and interstitial matrix ac-
cumulation and promotes cardiac fibrosis.21,26,27 It has been
well documented that TGF-β is a key cytokine that promotes
accumulation of collagen and other major components of the
extracellular matrix (ECM) in many fibrotic disorders, in-
cluding cardiac and pulmonary fibrosis, glomerulonephritis,
and vascular restenosis.28,29 Also, high plasma TGF-β1 levels
were found in hypertensive patients with LVH and microal-
buminuria.28 The antifibrotic effect of Ac-SDKP may be at
least partially due to its effect on TGF-β1, which in turn could
decrease fibroblast proliferation and collagen synthesis. In the
present study, we found that after MI, rat hearts had consid-
erable collagen deposition associated with markedly in-
creased TGF-β1. We also found that TGF-β-positive cells and
macrophages were co-localized mainly in the interstitial
space, suggesting that TGF-β may be expressed mainly in
infiltrating macrophages in this model. However, we are not
sure the TGF-β1-positive cells are macrophages, because
TGF-β1 is expressed not only in macrophages but also in

Figure 6. Representative images showing interstitial collagen
deposition (green staining) and myocyte cross-sectional area
delineated by the interstitial space) in rats with sham MI or MI
treated with vehicle or Ac-SDKP (fluorescence-labeled peanut
agglutinin staining, ×400).

Figure 7. Representative images showing perivascular collagen
deposition (green staining) in rat hearts with sham MI or MI
treated with vehicle or Ac-SDKP (Gomori trichrome, ×400).
fibroblasts, myofibroblasts, and other cells. In addition, TGF-β is released from the cells into the interstitial space, where it acts in an autocrine and paracrine fashion via a plasma membrane serine/threonine kinase receptor that phosphorylates Smad signaling proteins; these proteins are then translocated to the nucleus. In the heart during the chronic phase of MI, TGF-β activation was associated with increased expression of Smad 2 and 4 and decreased expression of Smad 7, and these events correlated positively with ongoing cardiac fibrosis.30,33 Recently, Pokharel et al40 reported that in cardiac fibroblasts in culture, Ac-SDKP inhibits expression and nuclear translocation of Smad 2, which may be partially responsible for its antifibrotic action. Also, Kanasaki et al9 showed that Ac-SDKP inhibited TGF-β signal transduction through suppression of R-Smad activation via nuclear export of Smad 7. In addition, our study demonstrates that Ac-SDKP decreases expression of TGF-β, which has been proposed as the stimulus for differentiation of fibroblasts to myofibroblasts.32 Ac-SDKP acting via these mechanisms may inhibit differentiation of cardiac fibroblasts to myofibroblasts, which are largely responsible for collagen production during cardiac remodeling after MI.37,33–37 Previously, we have shown that Ac-SDKP inhibits fibroblast proliferation and collagen synthesis in vitro.6 This direct effect on proliferation and synthesis may also be partially responsible for its antifibrotic effect in vivo. In another study, we found that in renovascular and mineralocorticoid hypertension, enhanced cardiac expression of PCNA, a marker of cell proliferation (probably cardiac fibroblasts), was markedly reduced by Ac-SDKP. This reduction in PCNA was associated with reduced collagen deposition,5,14 supporting the hypothesis that the antifibrotic effect of Ac-SDKP could result from inhibition of both fibroblast proliferation and collagen synthesis.

It is generally believed that increased collagen in the heart will increase diastolic stiffness and impair relaxation, ultimately promoting LV dysfunction. Thus, we expected that preventing or reversing cardiac fibrosis would benefit cardiac function. However, we found that even though Ac-SDKP decreased cardiac fibrosis, it did not improve the EF and E/A ratio, indexes of systolic and diastolic function. On the contrary, in the prevention protocol EF decreased and LVDD tended to increase compared with the MI-vehicle group (4 months). It could be that preventing collagen deposition soon after MI alters cardiac remodeling by causing cardiocyte slippage and increasing infarct expansion. These findings are in agreement with Baicu et al,38 who found that in hypertrophied papillary muscles from cats, acute regression of fibrosis with plasmin through activation of matrix metalloproteinases can negatively affect systolic function. Contractility in isolated myocytes exposed to the same treatment was no different from nontreated myocytes, suggesting that collagen may play an important role in myocyte-to-myocyte interaction, optimizing ventricular systolic function; hence, targeting collagen early in the context of post-MI remodeling can be deleterious. In our reversal protocol, despite a decrease in cardiac fibrosis, Ac-SDKP did not modify cardiac function, suggesting that the extent of cardiac fibrosis may not be an important determinant of function, which may be mainly due to the quality of fibrosis, such as changes in collagen cross-linking.39 Other components of LV remodeling besides collagen are crucial to ventricular performance. It could be that in this rat model with a large infarct (≥42% of the LV), a decrease in viable LV mass and an alteration in the geometry of the heart may be more important.

It has long been demonstrated that ACE inhibitors improve cardiac function, often associated with reduced collagen deposition.40–43 The antifibrotic effect of ACE inhibitors may be partially mediated by inhibiting degradation of Ac-SDKP, which is hydrolyzed almost exclusively by ACE.1,44 It has been shown that ACE inhibitors increase plasma Ac-SDKP 4- to 5-fold in vivo, while in vitro they inhibit hydrolysis of [3H]Ac-SDKP by 90% to 99%.1 Thus, increased Ac-SDKP may contribute significantly to the antifibrotic effect of ACE inhibitors. However, in this model of heart failure after MI, ACE inhibitors, unlike Ac-SDKP, improved cardiac function.12,40,45–49 The mechanism of action of ACE inhibitors in heart failure is complex. In addition to blocking the conversion of angiotensin I to II, they also inhibit kinin hydrolysis and stimulate the release of nitric oxide, effects not seen with Ac-SDKP.12,40,45–49

In summary, Ac-SDKP prevented and reversed interstitial collagen and perivascular collagen deposition in the rat heart post-MI, associated with reduced macrophage infiltration and TGF-β-positive cell expression. Our study suggests that the antifibrotic and anti-inflammatory effects of Ac-SDKP may be mediated in part by inhibition of macrophage infiltration and TGF-β expression. However, these effects per se do not necessarily translate into improved cardiac function.

**Perspective**

LV remodeling after MI is a complex process that involves both the infarcted and noninfarcted area. In the noninfarcted area, remodeling involves myocyte hypertrophy and an increase in ECM and nonmyocyte cells. Remodeling of the ECM may participate in the development of cardiac dysfunction;16–18 however, myocyte growth is accompanied by coordinated increases in ECM that provide a scaffolding for the myocytes and vasculature, maintaining the appropriate geometric structure of the heart and proper alignment of myocytes and enabling optimal transduction of coordinated force generated by cardiac contraction.18,50 The collagen matrix in the heart has a three-dimensional configuration similar to a honeycomb; the perimysium envelops groups of myocytes, whereas the endomysium forms a fine fibrillar collagen weave that surrounds and supports the myocytes. Also, fine lateral struts connect adjacent myocytes. How Ac-SDKP alters this fine structure of the fibrillar collagen is not known. Here, we found that Ac-SDKP prevented and reversed total collagen deposition (the main component of the ECM) and decreased inflammation in the heart, but despite these changes neither diastolic nor systolic function improved. On the contrary, in the prevention group systolic cardiac function was slightly decreased and LVDD was somewhat increased. The decrease in systolic function is in agreement with previous work by Baicu et al,38 who found that regression of fibrosis negatively affected systolic function, suggesting that collagen may play an important role in myocyte-to-myocyte interaction, thereby optimizing ventricular systolic function.
Also, disruption of the ECM could interfere with cellular signaling processes mediated via ECM-integrin-cytoskeleton, thus affecting cardiac function.\textsuperscript{31} ACE inhibitors increase plasma Ac-SDKP 4- to 5-fold, and we have found recently that this concentration of Ac-SDKP has an antifibrotic effect (Rasoul et al, unpublished data, 2003). Yet unlike Ac-SDKP, ACE inhibitors improve myocyte and ECM remodeling and cardiac function in HF and are among the drugs of choice for treatment of this disease. One possibility is that Ac-SDKP participates in the antifibrotic effect of ACE inhibitors, but coordinated reduction of cardiac hypertrophy, fibrosis, and afterload needs to occur to improve cardiac function. Further work is needed to determine whether Ac-SDKP participates in the therapeutic benefit and in particular the antifibrotic effect of ACE inhibitors.

Acknowledgments

This work was supported by NIH grant HL28982.

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Hypertension. 2004;43:229-236; originally published online December 22, 2003;
doi: 10.1161/01.HYP.0000107777.91185.89

Hypertension is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
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Print ISSN: 0194-911X. Online ISSN: 1524-4563

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