Pulmonary arterial hypertension (PAH) is a progressive, often fatal disease characterized by an increase in pulmonary arterial pressure and pulmonary vascular remodeling. Recently, genetic factors have been associated with the development of PAH. Mutations in bone morphogenetic protein receptor II gene have been identified in PAH.1,2 A genetic polymorphism in the pulmonary arterial pressure and pulmonary vascular remodeling before and after 2 weeks of hypoxia. In wild-type mice, hypoxia increased right ventricular pressure and pulmonary vascular remodeling. These effects of hypoxia were attenuated in the tryptophan hydroxylase 1−/− mice. Hypoxia increased right ventricular hypertrophy in both wild-type and tryptophan hydroxylase 1−/−mice suggesting that in vivo peripheral serotonin has a differential effect on the pulmonary vasculature and right ventricular hypertrophy. Contractile responses to serotonin were increased in pulmonary arteries from tryptophan hydroxylase 1−/−mice. Hypoxia increased serotonin-mediated contraction in vessels from the wild-type mice, but this was not further increased by hypoxia in the tryptophan hydroxylase 1−/−mice. In conclusion, these results indicate that tryptophan hydroxylase 1 and peripheral serotonin play an essential role in the development of hypoxia-induced elevations in pulmonary pressures and hypoxia-induced pulmonary vascular remodeling. In addition, the results suggest that, in mice, serotonin has differential effects on the pulmonary vasculature and right ventricular hypertrophy. (Hypertension. 2007;49:232-236.)

Key Words: pulmonary circulation ■ serotonin ■ hypoxia ■ transgenic animals

Pulmonary artery media is an important component of pulmonary arterial remodeling in PAH, which accounts for the increased thickness of the medial muscular coat in normally muscularized arteries and extension of muscle into smaller and more peripheral arteries. Elevated circulating levels of peripheral serotonin have been associated with the development of PAH clinically.5 It has also been shown that exogenously administered serotonin can potentiate the development of PAH in rats6 and can uncover a PAH phenotype in bone morphogenetic protein receptor II−/− mice.7 Moreover, mice overexpressing SERT (SERT+ mice) develop spontaneous PAH and are more susceptible to hypoxia-induced PAH, whereas mice deficient for the SERT are less susceptible.8–10 Blood serotonin levels are also elevated in mice after hypoxic exposure.11

Tryptophan hydroxylase (Tph) catalyzes the rate-limiting step in the synthesis of serotonin from tryptophan. By studying Tph1−/−mice, Walther and Bader12 demonstrated that there are 2 isoforms of Tph, now classified as Tph1 and Tph2. Tph2 is present exclusively in the brain but not the periphery. The classical Tph gene, now termed Tph1, is mainly expressed in the gut and mediates the generation of serotonin in the periphery.12 It has been shown recently that expression of the Tph1 gene is increased in lungs and pulmonary endothelial cells from patients with idiopathic PAH.13 To investigate the role of Tph1 in hypoxia-induced PAH, we have studied the development of PAH after 2 weeks of hypoxia in mice deficient in Tph1 (Tph1−/−mice). These mice lack serotonin synthesis in the periphery but have normal brain levels of serotonin.12,14

Methods

The investigation conforms with the United Kingdom Animal Procedures Act, 1986, and with the Guide for the Care and Use of...
Laboratory Animals published by the National Institutes of Health (NIH publication No. 85-23, revised 1996).

Tph1−/− Mouse
Transgenic mice that are deficient in Tph1 were generated by Bader and colleagues (MDC) as described previously13,14 and maintained on a C57BL/6 background. All of the experimental procedures were performed in accordance with the guidelines for the humane use of laboratory animals established at our institution.

Exposure to Hypoxia
Tph1−/− and wild-type (WT) control mice were maintained in normoxic or hypobaric/hypoxic conditions for 2 weeks.13 The hypobaric chamber was depressurized over the course of 2 days to 550 mbar (equivalent to 10% O2). Temperature was maintained at 21°C to 22°C, and the chamber was ventilated with air at ~45 L/min.

Assessment of PAH
Measurement of Right Ventricular Hypertrophy
Right ventricular hypertrophy (RVH) was assessed by measuring the right ventricular free wall (RV) and left ventricle together with the septum (LV+S) separately. The ratio RV/LV+S was calculated. RV and LV+S weights per gram of body weight were also calculated.

Lung Histology
Three sagittal sections were obtained from left lungs. Sections were stained with ElasticaVanGieson stain and microscopically assessed for muscularization of pulmonary arteries (<80 μm external diameter) as described previously.15 Lung sections from 4 to 6 mice from each group were studied.

Hemodynamic Measurements
Anesthesia was induced with 2% to 4% halothane. Anesthesia was maintained with halothane (1% to 1.5%) and a mixture of nitrous oxide and oxygen (1:3). Pressure and heart rate (HR) measurements were analyzed as described previously.13 Briefly, systemic arterial pressure (SAP) and HR were measured via a polyethylene cannula inserted into the right carotid artery of WT and Tph1−/− mice (5 to 6 months old; n = 5 to 12). A 25-gauge needle was advanced into the RV via a transdiaphragmatic approach for measurement of right ventricular pressure (RVP). RVP, mean SAP, and HR (derived from the SAP measurement) were recorded on a data acquisition system (MP 100, Biopac Systems).

Myography
Pulmonary resistance arteries (~200 to 300 μm i.d.) were studied using wire myography (Danish Myo Technology) as described previously.13 Briefly, these were set up at a tension equivalent to 12 to 16 mm Hg (control animals) or 30 to 55 mm Hg (hypoxic animals) in Krebs solution at 37°C and bubbled with 16% O2/5% CO2, balance N2. After equilibration, the response to 50 mmol/L KCl was determined. Contractile responses to serotonin (0.1 nmol/L to 100 pot of serotonin (negative logarithm of the molar EC50 [pEC50]) was pressed as a percentage of the response to 50 mmol/L of KCl. The United Kingdom) were examined. Responses to serotonin were expressed as a percentage of the response to 50 mmol/L of KCl. The potency of serotonin (negative logarithm of the molar EC50 [pEC50]) was calculated from individual cumulative concentration response curves by graphical interpolation (Graphpad Prism).

Statistical Analysis
Intergroup statistical comparisons were made by 1-way ANOVA. When significance was attained (P<0.05), differences were established using the Tukey’s multiple comparison test. Other analyses were carried out using a Student t test. Data are expressed as mean±SEM.

Results
Hypoxia-Induced PAH
Hypoxia induced increases in RVPs by ~50% and also induced RVH and pulmonary vascular remodeling in WT mice

![Figure 1](http://hyper.ahajournals.org/)

Figure 1. (A) mean SAP (mSAP), (B) Mean RVP (mRVP), (C) pulmonary vascular remodeling, (D) Right ventricular hypertrophy RV/LV+S, (E) LV+S to body weight ratio, and (F) RV to body weight ratio in normoxic (○) and hypoxic (□ WT and Tph1−/− mice (n = 5 to 12 mice in each group). *Value significantly greater than corresponding value in WT mice (P<0.05, **P<0.01, ***P<0.001); †Value significantly greater than corresponding value in normoxic mice (P<0.05, ††P<0.01, †††P<0.001); ‡Value significantly less than corresponding value in WT mice (‡P<0.05, †‡P<0.001). Data are shown as mean±SEM.

Contractile Responses to Serotonin in Pulmonary Resistance Arteries From Tph1−/−Mice
5-HT induced a marked contractile response in the mice arteries from all of the groups (Figure 2). Contractile responses to serotonin were increased in vessels from Tph1−/− mice (Figure 2). The maximum response was increased by ~30%, and the potency also increased (pEC50 WT: 6.4±0.2; n = 6 and Tph1−/−: 7.0±0.14; n = 8; P<0.01). After hypoxia, responses to serotonin were increased in the WT mice, with
which acts as a mitogen in pulmonary arteries, contributing to induce Tph1 synthesis and subsequent serotonin release, results suggest that, in mice, chronic hypoxia itself may have been shown to induce increased Tph1 expression and serotonin release. 

Data are shown as mean ± SEM.

Figure 2. Effects of Tph1 gene knockout and 2 weeks of hypoxia on serotonin-induced contraction in mouse pulmonary resistance arteries (n=6 to 8). Value significantly greater than corresponding maximum value in normoxic WT mice (P<0.001).

Discussion

Hypoxia-induced elevations in RVP and pulmonary vascular remodeling were markedly inhibited in the Tph1−/− mice. This provides direct evidence, for the first time, that Tph1 and peripheral serotonin, not brain serotonin, are critical to the development of hypoxia-induced PAH. This is unlikely to be because of inhibition of the hypoxic pulmonary vasoconstriction, because there is little evidence to support a role for serotonin in this. It is likely to be because of the mitogenic effects of serotonin promoting pulmonary vascular remodeling, as our results show that hypoxia-induced pulmonary vascular remodeling was inhibited in hypoxic Tph1-deficient mice, whereas pulmonary vascular reactivity to either serotonin or KCl was not compromised in hypoxic Tph1−/− mice compared with their WT controls. mRVP was slightly decreased in the normoxic Tph1−/− mice. This suggests that, in mice, peripheral serotonin normally has a pressor influence in the pulmonary circulation. Certainly, we and others have demonstrated that exogenously administered serotonin exerts both pressor and mitogenic effects on the pulmonary circulation. Tph1 is expressed in lung pulmonary neuroendocrine cells, and both hypoxia and mechanical stretch have been shown to induce increased Tph1 expression and serotonin release in rabbit lung. In light of these observations, our results suggest that, in mice, chronic hypoxia itself may induce Tph1 synthesis and subsequent serotonin release, which acts as a mitogen in pulmonary arteries, contributing to the pulmonary vascular remodeling and subsequent onset of pulmonary hypertension. The elevation of pulmonary vascular tone that accompanies PAH is likely to induce further stretch-induced Tph1 expression and serotonin release. Others have demonstrated inhibition of hypoxia- and monocrotaline-induced PAH using approaches that nonspecifically inhibit both Tph1 and Tph2 such as p-chlorophenylalanine. Here, we have identified Tph1 as the enzyme that plays the pivotal role in hypoxia-induced PAH, and this may, therefore, be a novel therapeutic target for PAH.

Curiously, mSAP was slightly elevated in the Tph1−/− mice. The systemic cardiovascular system is under both central and peripheral serotonergic control, but as the Tph1−/− mice have normal brain serotonin, the effect on blood pressure must be via a lack of peripheral serotonin. Tph1−/− mice have been shown previously to have functional cardiac alterations that can progress to heart failure. Serotonin can also directly mediate systemic arterial vasoconstriction and relaxation via receptors located on the vascular endothelium and smooth muscle. For example, various 5-HT1 receptors and the 5-HT2B receptor mediate vasodilation via endothelial release of NO, whereas the 5-HT2A receptor mediates vasoconstriction. Because the Tph1−/− mice exhibit higher than normal mSAP, this may, therefore, be because of serotonin normally exerting an antihypertensive influence via such vasodilator effects and/or via depressed cardiac output. Others have shown that the contractile response to serotonin in the isolated aorta is not affected in Tph1−/− mice, and so a direct effect on cardiac function may be suggested. We did observe an increase in LV+S weights in the Tph1−/− mice under both hypoxic and normoxic conditions. The degree of left ventricular hypertrophy in the normoxic Tph1−/− mice was very small, however, as was the increase in mSAP, and there was no other overt evidence of heart failure. Clinically, patients with left ventricular dysfunction often present with PAH, and we have demonstrated previously that a rabbit model of mild left ventricular function has associated PAH. The mild left ventricular hypertrophy observed in the Tph1−/− mice is, therefore, unlikely to account for the ablation of hypoxia-induced PAH that we observed in this study.

Exaggerated serotonin-induced vasoconstriction may contribute to hypoxia-induced PAH. We have shown previously that contractile responses to serotonin are elevated in pulmonary arteries from hypoxic rats. This is in part because of an increase in 5HT1B receptor activation. Here we show that constriction to serotonin is markedly elevated in hypoxic WT mice, an effect that we have also reported previously. We have suggested previously that such an increased response to serotonin in mice may be because of increased 5HT1B and 5HT2A receptor activity. In normoxic Tph1−/− mice, there was increased vasoconstriction in response to serotonin. This cannot be because of an increase in serotonin-induced stimulation via serotonin synthesis. Hence, this is likely to be because of compensatory increases in 5HT1B and/or 5HT2A receptor signaling in the face of decreased local serotonin. Exposure to chronic hypoxia did not increase the contractile response to serotonin further in Tph1−/− mice, presumably because these already exhibited markedly elevated contractile responses to serotonin. These results suggest that the ablation...
of PAH in the Tph1−/− mice was not because of inhibition of vascular reactivity but because of the inhibition of pulmonary remodeling. In light of recent observations that expression of the Tph1 gene is increased in lungs and pulmonary endothelial cells from patients with idiopathic PAH,13 these results suggest that peripheral serotonin and Tph1 may play an important role in the development of PAH, both experimentally and clinically, and may present a novel therapeutic target.

Despite having vastly reduced increases in RVP and pulmonary vascular remodeling in response to hypoxia, Tph1−/− mice still develop RVH. This suggests that RVH in mice occurs as the result of a direct effect of hypoxia on the right ventricle, which is independent of an increase in RVP and does not require peripheral serotonin. However, as discussed above, there are cardiac functional abnormalities in Tph1−/− mice, which can lead to heart failure,23 despite there being no cardiac structural defects. Hence, peripheral serotonin may normally have a regulatory role in cardiac function. One suggestion is that, in the Tph1−/− mice, a drop in circulating serotonin may lead to a decrease or lack of reflex stimuli by sensory nerves resulting in loss of contractility.23 Here we also show that Tph1−/− mice exhibit slight RVH even before hypoxic exposure, suggesting that serotonin may normally protect against RVH. Indeed, serotonin protects murine ventricular cardiomyocytes against serum deprivation–induced apoptosis, suggesting a role for serotonin as a survival factor of cardiomyocytes.27 If serotonin does play a dual role, inducing elevated pulmonary pressures and pulmonary vascular remodeling while protecting right ventricular myocyte function, this may well explain the dissociation of RVH from RVP that we see in mice where the serotonin system is altered. For example, we have reported previously that SERT+ mice show elevated RVP in the absence of RVH.10

In conclusion, our results indicate that Tph1-induced (peripheral) serotonin plays an essential role in the development of hypoxia-induced elevations in pulmonary pressures and hypoxia-induced pulmonary vascular remodeling. The results also suggest that, in hypoxia-induced PAH, serotonin has differential effects on the pulmonary vasculature and RVH.

### Perspectives

We demonstrated that mice lacking Tph1 exhibit a significant attenuation in chronic hypoxia-induced pulmonary vascular remodeling and hypoxia-induced elevations in pulmonary pressure. Hypoxia and mechanical stretch have been shown increase Tph1 expression and serotonin release in rabbit lung.19 Hence, hypoxia may induce Tph1, which results in an elevation of peripheral serotonin, which contributes to hypoxia-induced PAH. The resulting increased pulmonary pressure and vessel tension may then lead to further Tph1 expression and serotonin release. Mice deficient in Tph1 may provide a useful tool in further elucidating the key role that serotonin plays in the development of PAH. Furthermore, targeting Tph1 could constitute a novel, therapeutic approach for the treatment of PAH.

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### Disclosures

None.

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Effect of Tryptophan Hydroxylase 1 Deficiency on the Development of Hypoxia-Induced Pulmonary Hypertension

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