Brain Microglial Cytokines in Neurogenic Hypertension

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Abstract—Accumulating evidence indicates a key role of inflammation in hypertension and cardiovascular disorders. However, the role of inflammatory processes in neurogenic hypertension remains to be determined. Thus, our objective in the present study was to test the hypothesis that activation of microglial cells and the generation of proinflammatory cytokines in the paraventricular nucleus (PVN) contribute to neurogenic hypertension. Intracerebroventricular infusion of minocycline, an anti-inflammatory antibiotic, caused a significant attenuation of mean arterial pressure, cardiac hypertrophy, and plasma norepinephrine induced by chronic angiotensin II infusion. This was associated with decreases in the numbers of activated microglia and mRNAs for interleukin (IL) 1β, IL-6, and tumor necrosis factor-α, and an increase in the mRNA for IL-10 in the PVN. Overexpression of IL-10 induced by recombinant adenoassociated virus-mediated gene transfer in the PVN mimicked the antihypertensive effects of minocycline. Furthermore, acute application of a proinflammatory cytokine, IL-1β, into the left ventricle or the PVN in normal rats resulted in a significant increase in mean arterial pressure. Collectively, this indicates that angiotensin II induced hypertension involves activation of microglia and increases in proinflammatory cytokines in the PVN. These data have significant implications on the development of innovative therapeutic strategies for the control of neurogenic hypertension. (Hypertension. 2010;56:297-303.)

Key Words: angiotensin II ■ hypertension ■ minocycline ■ interleukin 10 ■ microglia ■ paraventricular nucleus ■ cytokine

Inflammation has been implicated in hypertension and cardiovascular diseases in both animal models and human diseases.1,2 Increases in levels of plasma proinflammatory cytokines (PICs) and other markers of inflammation are associated with the progression of hypertension, whereas immune suppression produces beneficial outcomes.3,4 Despite evidence for the participation of peripheral cytokines and inflammation in cardiovascular disease, little is known about their involvement in neurogenic hypertension. Studies from Francis and collaborators5,6 have indicated that angiotensin (Ang) II–induced hypertension involves activation of tumor necrosis factor-α (TNF-α) and nuclear factor κB and production of reactive oxygen species in the brain. These observations have led us to propose that Ang II–induced neurogenic hypertension involves activation of microglial cells and production of PICs within the brain. Our objective in the present study was to test this hypothesis.

We focused on the paraventricular nucleus (PVN) and a chronic Ang II infusion rat model of hypertension for this study, based on the following rationales. First, the PVN integrates signals/inputs from circumventricular organs and other cardiovascular-relevant brain areas and transmits them to the rostroventrolateral medulla and other downstream areas to influence sympathetic nerve activity.7 Second, chronic Ang II infusion is an established animal model of hypertension with strong neurogenic components.8 Our studies demonstrate that Ang II–induced hypertension involves activation of microglia and increases in PICs within the PVN.

Materials and Methods

Animals
Adult male Sprague-Dawley (SD) rats (Charles River Laboratories) aged 5 weeks (n = 118) were individually housed in a temperature-controlled room (22°C to 23°C) with a 14:10-hour light-dark cycle. Tap water and laboratory chow were available ad libitum. All of the experimental procedures were approved by the University of Florida Institute Animal Care and Use Committee.

Surgical Preparation
Implantation of Telemetry Transducers
Six-week–old male SD rats were anesthetized with a mixture of O2 (1 L/min) and isoflurane (3% to 4%). Rat telemetry transducers (TA11PA-C40, DSI) were implanted into the abdominal aorta on day −10 (for minocycline experiments) or day −28 (for viral experiments), as described previously.9 A bolus injection of buprenorphine (0.05 mg/kg SC) was administered after each surgery.
Implantation of SC Osmotic Minipump

On day 0, each group of rats was further randomly assigned to 2 subgroups to receive either Ang II (200 ng/kg per minute) or 0.9% saline given via an osmotic minipump (No. 2004, ALZET) implanted SC between the scapulae.

Injection of AAV Vector Into the PVN

For viral experiments, after 14 days of recovery from the transducer implantation surgery, rats were given 4% isoflurane mixed with O₂ and randomly assigned to 3 groups to receive AAV5-CBA-IL10 (1.2 × 10^12 genome copy), AAV5-CBA-GFP (1.2 × 10^12 genome copy), or 0.1 mol/L of PBS (vehicle control) injected into the PVN. A single injection of vector or PBS was made using a pneumatic micropump (WPI) through a glass micropipette (tip OD: 30 to 50 μm) bilaterally into the PVN (1.6 to 1.8 mm caudal to the Bregma, 0.2 to 0.3 mm lateral to the midline, and 7.6 to 7.8 mm ventral to the dura) by pressure microinjection (200 nL, 30 seconds).

AAV5-CBA-IL10 Vector

Rat interleukin (IL)-10 cDNA was amplified by PCR and cloned into a TA cloning vector. Recombinant AAV virus production was performed by cotransfection of the rAAV5-ITR vector construct and a combined Ad/AAV helper construct. Transfections were performed by calcium phosphate coprecipitation in an Ad-E1a– and E1b-, Ad-E2a– and E2b-containing helper construct. rAAV production was performed using a pneumatic microinjection system (WPI) through a glass micropipette with a tip OD of 30 to 50 μm bilaterally into the PVN (1.6 to 1.8 mm caudal to the Bregma, 0.2 to 0.3 mm lateral to the midline, and 7.6 to 7.8 mm ventral to the dura) by pressure microinjection (200 nL, 30 seconds).

Recombinant AAV Virus Production

The AAV virus production and titer determination were performed by the vector core of the University of Florida, Gene Therapy Center, as described previously. Briefly, rAAV production was performed using an RNeasy kit (Qiagen) according to the manufacturer’s instructions, and 200 ng of purified rAAV was reverse transcribed with 0.8% agarose gel, purified with Qiagen Agarose Gel extraction kit (Qiagen), and subsequently cloned into an AAV5-ITR–containing vector, PTR2-CB, under the control of hybrid cytomegalovirus enhancer/chicken-β actin (CBA) promoter, generating a new construct, AAV5-CBA-IL10.

RNA Isolation, Reverse Transcription, and Real-Time PCR

For analysis of cytokine mRNAs, the hypothalamic tissue including PVN was dissected, as described previously. In brief, rat brains were isolated and cut into a coronal segment (~2.13 mm posterior to bregma, according to Paxinos and Watson). Total RNA was isolated using RNeasy kits (Qiagen) according to the manufacturer’s instructions, and 200 ng of purified RNA was reverse transcribed with a high-capacity cDNA reverse transcription kit (Bio-Rad Laboratories). The IL-1β, IL-6, tumor necrosis factor-α, and IL-10 mRNA levels were analyzed by quantitative real-time PCR using specific primers and probes in a PRISM 7000 sequence detection system (Applied Biosystems). Data were normalized to 18s ribosomal RNA.

Cardiovascular Measurements

Measurements of mean arterial blood pressure (MAP) and heart rate (HR) were made via the telemetry transducers. The start of Ang II infusion via the osmotic pump was set as day 0. Raw data were analyzed using Dataquest IV software (DSI). MAP and HR were sampled between 9:00 AM and 5:00 PM every 3 to 4 days. The data...
from 10:00 AM to 12:00 PM were used for the analysis of MAP and HR. Plasma norepinephrine levels were measured using high-performance liquid chromatography, as described previously.15

**Immunocytochemistry**

Forebrains were cut into 35-μm coronal sections. For IL-10 immunostaining sections were incubated with a mixture of polyclonal rabbit anti–IL-10 antibody (1:200, Abbiotec Inc) and mouse monoclonal anti-NeuN antibody (1:100, Chemicon International) for 24 hours at 4°C. Secondary antibodies were Alexa Fluor 594 antirabbit (1:500) for IL-10 and Alexa Fluor 488 antimouse (1:1000) for NeuN (all from Molecular Probes). For microglial immunostaining, primary antibody was a mouse monoclonal antibody OX-42 (BD Bioscience Inc, 1:250), which is a specific marker for microglia,16 and the secondary antibody was a goat antimouse IgG (1:2000) conjugated with 3,3’-diaminobenzidine tetrahydrochloride. PVN sections were examined using an Olympus BX41 fluorescence microscope.

**Microglia Quantification**

OX42 antibody is a specific microglial marker and stains all microglia. When microglia are activated they undergo morphological changes. This is associated with retracted processes giving a thick and stumpy appearance.17,18 In addition, activated microglia have enlarged perikarya and concentrated OX-42 staining. We defined activated microglia as cells that exhibit strong OX-42 immunoreactivity, an enlarged soma, and fewer and shorter (less than the cell soma diameter: 4.0 to 4.5 μm) processes. The dimensions of 30 activated microglia from 3 consecutive sections in each animal were measured, and average group (n=4) data were used to determine activated microglia in brain regions. The area of the PVN that was chosen for microglial measurements was the same anterior level (1.8 to 1.9 mm from bregma) for all 3 of the groups. The number of microglia in a 0.2×0.2×0.2 mm³ area was counted from ≥3 different adjusted sections from each animal. Morphological analysis and quantification of microglia were performed within the PVN using a light microscope at ×400 magnification. Tissue sections from the cortex and lateral hypothalamus were used as control regions. There were no differences in the average length of microglial processes in these regions in both vehicle- and Ang II–treated animals, indicating a lack of microglial activation by Ang II. The analysis of activated microglia was performed in a double-blind fashion.

**Cardiac Pathology**

At the end of the experiment, rats were euthanized, and hearts were removed for cardiac morphology and histological analyses, as described previously.9 In brief, hearts were removed and weighed, the cross-sections of ventricles were fixed in 10% neutral-buffered formalin for 24 hours, embedded in paraffin, sectioned at 4 μm, and stained with hematoxylin-eosin for the myocyte diameter assay or stained with Picro-sirius red to determine interstitial fibrosis. Twenty images from different (nonoverlapping) regions of the left ventricle wall were examined using the Image J program from the National Institutes of Health.

**Effect of Acute IL-1β on Blood Pressure**

Blood pressure was recorded via the indwelling transducer implanted 2 weeks ahead, as described earlier. To determine the effect of ICV IL-1β on blood pressure, IL-1β (10 ng/mL, 500 nL) was pressure injected to the left ventricle (−1.3 mm posterior to bregma; 1.2 mm lateral to midline; 3.4 mm ventral to brain surface) via a pneumatic picopump. In a different rat, the IL-1 receptor antagonist (IL-1RA; 100 ng/mL, 500 nL) was microinjected into the left ventricle, followed 20 minutes later by ICV delivery of IL-1β. To further determine the site-specific effect of IL-1β on blood pressure, this PIC was microinjected (10 ng/mL, 100 nL) into the left PVN (−1.8 mm posterior to bregma; 0.3 mm lateral to midline; 7.8 mm ventral to brain surface).

**Results**

**ICV Minocycline Attenuates Ang II–Induced Hypertension**

Chronic SC infusion of Ang II in SD rats caused an increase in MAP, which was sustained for 4 weeks (Figure 1B). Simultaneous ICV infusion of minocycline (5 μg/h) resulted in attenuation of the Ang II–induced increase in MAP (Ang II: 156±7.2 mm Hg [n=9]; Ang II+ minocycline: 104±4.2 mm Hg [n=8]; P<0.05). A modest attenuation was observed as early as 8 days, an effect that became significant by day 12 and persisted thereafter throughout the experiment (Figure 1B). Minocycline treatment had no effects on HR. Furthermore, minocycline alone had no effect on MAP (control: 101±2.7 mm Hg [n=7] versus minocycline: 106±1.3 mm Hg [n=4]).

**Minocycline Attenuates Ang II–Induced Hypertrophy**

To determine the beneficial effects of minocycline on Ang II–induced cardiac hypertrophy, heart weight:body weight ratio and cardiac interstitial fibrosis were determined. As shown in Figure 1C, Ang II infusion leads to a significant increase in heart weight:body weight ratio. However, Ang II infusion in the presence of minocycline normalized the ratio to control values. Consistently, the fibrotic area was greater in Ang II–treated rats versus minocycline plus Ang II–treated rats (data not shown).

**Minocycline Decreases Ang II–Induced Plasma Norepinephrine**

Chronic Ang II infusion resulted in a 2.7-fold increases in plasma NE (Figure 1D), one index of increased sympathetic nerve activation. ICV infusion of minocycline at a dose that inhibits Ang II–induced hypertension abolished the increase in plasma NE produced by Ang II infusion (Figure 1D).

**Effects of Minocycline on PVN Microglia and Cytokine mRNA Expression**

Staining with OX-42 antibody showed a significant increase in the activated microglial cells in the PVN of Ang II–treated rats (Figure 2A). Chronic Ang II infusion resulted in a 23-fold increase in activated microglial cells (Figure 2B), and minocycline reduced these numbers by 80%. In addition, Ang II reduced the length of microglial cell processes, an effect that was attenuated by minocycline (Figure 2B). Ang II infusion increased the total number of activated microglia, and minocycline was able to attenuate this effect (Figure 2C). Figure 3 shows that Ang II infusion caused, respectively, 4.3, 2.8, and 3.0-fold increases in IL-1β, IL-6, and tumor necrosis factor-α mRNA levels, whereas it decreased IL-10 mRNA by 38%. These effects were reversed in the PVN of Ang II–infused rats that were treated simultaneously with minocycline.
IL-10 Overexpression in the PVN Attenuates Ang II–Induced Hypertension

In view of our data that Ang II–induced hypertension involves microglial activation, increases in PIC and decreases in IL-10 levels in the PVN, we hypothesized that overexpression of IL-10 would overcome and attenuate this hypertensive effect. AAV5-IL-10 or AAV-GFP was injected bilaterally into the PVN 14 days before chronic Ang II infusion (Figure 4A). In the AAV5-IL-10–injected rats there was a significant decrease in the Ang II–induced hypertension compared with rats injected with AAV-GFP or PBS at the same site (Figure 4B). This inhibition became statistically significant at 17 days after the start of Ang II infusion (Ang II

\[ \text{AAV-GFP: } 149\pm 6.0 \text{ mm Hg [n=6]} \] versus Ang II

\[ \text{AAV-IL-10: } 109\pm 5 \text{ mm Hg [n=6]; } P<0.001 \].) IL-10 overexpression had no effect on basal MAP in control SD rats, and none of the treatments produced significant changes in HR (data not shown). Overexpression of IL-10 in the PVN also attenuated the cardiac hypertrophy produced by Ang II infusion (Figure 4C) similar to the effect of minocycline (Figure 1C). Heart weight:body weight ratio was reduced by 22% in the Ang II+AAV-IL-10 group compared with the Ang II+AAV-GFP group (3.0 ± 0.12 versus 3.8 ± 0.14 g/kg; P<0.05). Similarly, enhanced IL-10 expression attenuated the increase in myocyte diameter and interstitial fibrosis produced by Ang II infusion (Figure 4C).

The locations of the AAV microinjections and IL-10 overexpression were confirmed by real-time RT-PCR and...
immunocytochemistry (Figure 5). The data indicate that microinjection of AAV5-IL-10 bilaterally into the PVN produced increases of IL-10 mRNA levels in rats that had received either Ang II or 0.9% saline infusion (Figure 5A). Furthermore, AAV5-mediated transduction was highly efficient, robust, and restricted to the PVN region. To further determine the cellular distribution, NeuN, a neuronal marker, was costained with IL-10 in the same coronal section. The majority of IL-10 immunoreactivity was colocalized with NeuN (Figure 5B).

If overexpression of IL-10, an anti-inflammatory cytokine, blocks Ang II–induced hypertension, then one would anticipate that microinjection of PICs (eg, IL-1β/H9252) in the PVN would increase MAP. Figure 6A is a representative experiment demonstrating that microinjection of IL-1β (10 ng/mL, 500 nL) into the left ventricle resulted in a 25-mm Hg increase in MAP in normal SD rats. This effect was attenuated by IL-1 receptor antagonist (100 ng/mL, 500 nL). Furthermore, microinjection of IL-1β (100 ng/mL, 100 nL) unilaterally into left PVN induced an 8-mm Hg increase in

![Figure 4](http://hyper.ahajournals.org/)

**Figure 4.** Increased expression of IL-10 in the PVN blunts Ang II–induced hypertension. SD rats were microinjected with AAV5-IL-10, AAV5-GFP, or PBS into the PVN as detailed in the Methods section. A, Outline of experimental protocol. B, Time-dependent changes in MAP in each treatment group. Dashed lines indicated the treatment time points. *P<0.05, **P<0.01, ***P<0.001 vs green fluorescent protein (GFP) or PBS groups at the same time points. C, Effect of IL-10 transduction on Ang II–induced cardiac hypertrophy. *P<0.05 vs IL-10+saline; †P<0.05 IL-10+Ang II; ‡P<0.05 vs GFP or PBS plus Ang II infusion (n=4 in each group).

![Figure 5](http://hyper.ahajournals.org/)

**Figure 5.** AAV5-IL-10 induced neuronal expression of IL-10 in the PVN. A, IL-10 mRNA levels in the PVN at 28 days after microinjections of AAV5-IL-10, AAV5-GFP, or PBS. *P<0.05 vs GFP or PBS group. †P<0.05 vs GFP or PBS groups. B, Representative fluorescence micrographs showing IL-10 and NeuN immunoreactivity in the PVN following AAV5-CBA-IL10 microinjection. The right panel shows the merged images of IL10 and NeuN. Bar=50 μm.
MAP in normal SD rats, as shown in Figure 6B. This is consistent with observations from the literature.19

Discussion

The present study provides evidence that microglial cells in the PVN and cytokines produced within the brain play a central role in neurogenic hypertension. Inhibition of microglial activation or overexpression of IL-10 in the PVN attenuates Ang II–induced hypertension and its associated cardiac pathophysiology. The evidence for these conclusions is as follows: (1) ICV infusion of minocycline, an anti-inflammatory antibiotic with demonstrated neuroprotective effects,20 attenuates Ang II–induced hypertension and raised plasma NE; (2) minocycline also inhibits Ang II–stimulated microglial activation in the PVN, consistent with its demonstrated actions in the brain,21 and also the Ang II–induced increases in PIC levels at this nucleus; and (3) IL-10 overexpression in the PVN and not in the rostral ventrolateral medulla (data not shown) attenuates hypertension, whereas IL-1β increases MAP.

Evidence has emerged from the last several years that implicate the involvement of cytokines in cardiovascular diseases, such as hypertension and heart failure.2,5 For example, levels of PVN PICs are increased in animal models of hypertension, and hypothalamic infusion of IL-1β increases blood pressure and sympathetic outflow.22 In addition, central gene transfer of IL-10 reduces hypothalamic inflammation in rats with heart failure after myocardial infarction.23 Our present observations complement these findings. Furthermore, they provide evidence that the production of cytokines within the brain during hypertension involves microglial cells. This includes the observations that ICV infusion of minocycline and overexpression of IL-10 attenuate Ang II–induced hypertension. Thus, it is tempting to propose a novel mechanism of dysregulation in neurogenic hypertension. We propose that circulating Ang II activates PVN microglia. Available evidence suggests that Ang II is a likely candidate. First, levels of PVN Ang II and Ang II type 1 (AT1) receptors are increased in many animal models of hypertension.24 Second, our preliminary data show that microglial cells express AT1 receptors and that chronic silencing of the PVN AT1 receptor by AAV-mediated expression of an AT1 receptor–specific short hairpin RNA causes a significant decreases in high blood pressure in the spontaneously hypertensive rat (data not shown). However, the role of other signaling molecules downstream of the AT1 receptor, such as reactive oxygen species,25,26 cannot be ruled out at the present time. In addition, the role of other cell types (ie, astroglial cells and neurons) in the PVN in cytokine actions remains to be explored.2

Finally, this study raises important questions. First, are antihypertensive effects of minocycline truly central, or does the ICV-infused antibiotic cross the blood-brain barrier and exert a peripheral effect? The latter seems to be an unlikely possibility, because the dose of minocycline that normalizes Ang II–induced increases in hypertension after ICV administration is only ≈30% as effective as when administered subcutaneously (data not shown). Because minocycline is able to freely pass through the blood-brain barrier, would it be possible to administer it in a high enough dose peripherally that it could influence the PVN and, thus, be beneficial for the control of neurogenic hypertension?27 Experiments are under way to support/refute this view. The mechanism of minocycline actions in the PVN needs to be elucidated. Minocycline is a broad-spectrum antibiotic of the tetracycline family and has been implicated to be neuroprotective in several diseases, for example, sclerosis, neurodegenerative disorder, stroke, and Parkinson disease.28 It has been shown to inhibit protein kinase C-α phosphorylation and nuclear translocation of protein kinase C-α/βII and interferon-γ regulatory factor, which further inhibit class II activator, another transcription factor, to promote the gene expression for microglial activation.29 In addition to anti-inflammation, minocycline and other tetracycline derivatives are proposed to attenuate apoptosis and inhibit production of reactive oxygen species via an action on mitochondria.29 Thus, the antihypertensive effect of minocycline may involve ≥1 of these signaling pathways leading to inhibition of microglial activation.

Perspectives

The present study described that central application of minocycline, an anti-inflammatory agent and inhibitor of micro-
glial activation, increased expression of the anti-
inflammatory cytokine IL-10 in the PVN, elicited an
antihypertensive effect, and alleviated cardiac damage in an
Ang II–infused rat model. Thus, microglia may serve as a
source of inflammatory cytokines in the central nervous
system cardiovascular control centers and have a key role in
the development of neurogenic hypertension. Thus, these
results may indicate novel targets for the treatment of
hypertension.

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