Hypertension is an important worldwide public-health challenge.1–3 It is a common disease, affecting >25% of the adult population, around a billion people worldwide. Hypertension is identified as the leading risk factor for cardiovascular mortality and is ranked third as a cause of disability-adjusted reduction in life-years.1–3 The pathogenesis of hypertension is multifactorial, and environmental and biological circumstances contribute to the occurrence of the disease.1–4 We proposed that creatine kinase (CK), the central regulatory enzyme of energy metabolism, is the final common pathway leading to pressor responses.5,6 The enzyme regenerates and distributes ATP to subcellular locations of energy demands, catalyzing the reaction:

\[ \text{MgADP} + \text{P} + \text{H}^+ \leftrightarrow \text{MgATP} + \text{creatine} \]

\[ \text{MgADP} + \text{P} + \text{H}^+ \leftrightarrow \text{MgATP} + \text{creatine} \]

CK is tightly bound in the immediate proximity of ATP-utilizing enzymes, such as Na⁺/K⁺-ATPase and Ca²⁺-ATPase at membranes, and myosin light chain kinase and myosin ATPase at the contractile proteins, where it rapidly provides ATP to these enzymes. CK is thus thought to fuel highly energy-demanding processes, such as sodium retention, cardiovascular contractility, and remodeling of arteries.5–10

In accord with this, serum CK was found to be the main predictor of blood pressure in the general population.6 This was proposed to be because of high resistance artery creatine kinase-BB rapidly regenerating ATP for vascular contractility.6 However, hitherto, there were no data to substantiate this proposal. The main objective of this study was to assess whether resistance artery CK mRNA levels are associated with blood pressure.

**Methods**

**Participants**

Protocols were in accord with institutional guidelines and were approved by the local institutional review board. All participants gave written informed consent. Consecutive, self-defined white and African-Dutch women undergoing an abdominal procedure for fibroid enucleation or hysterectomy for fibroids were eligible for inclusion.
Patients with pre-existent vascular abnormalities, such as vasculitis and diabetes mellitus, HIV infection, infectious hepatitis, and bleeding disorders, were excluded. Blood pressure was measured in the sitting position at the outpatient clinic with the Datascopc Accutorr Plus (Tascope Corp, Paramus, NJ). High blood pressure was defined as systolic blood pressure (SBP) ≥140 or diastolic blood pressure (DBP) ≥90 mm Hg or the use of antihypertensive drugs.

**CK Isoenzyme cDNA**

The 2 major cytosolic CK protein subunits are CK-brain (B) and CK-muscle (M), respectively, encoded by the CKB gene on human chromosome 1q42 and the CKM gene on 19q13.3. The enzymatic functional form can be either a homodimer (BB and MM) or a heterodimer (MB) thus creating 3 cytosolic isoenzymes. All CK isoenzymes contain a highly conserved catalytic cysteine domain which fosters the formation of creatine phosphate that is transported by CK to subcellular locations of high-energy demands. Two mitochondrial CK isoenzymes, an ubiquitous and a sarcomeric form, are encoded by, respectively, the CKMT1 gene on chromosome 15q15 and the CKMT2 gene on chromosome 5q13.3. All CK isoenzymes contain a highly conserved catalytic cysteine domain. However, the triplet encoding for this catalytic cysteine domain is GCC for cytoplasmic CK and GTC for mitochondrial CK. Cytosolic CKB and CKM cDNA share ≥73% nucleotide and 80% predicted amino acid sequence identities. The human CKMT1 and CKMT2 cDNA share ≥80% nucleotide and 80% predicted amino acid sequence identities. The human CKMT1 and CKMT2 cDNA share ≥80% nucleotide and 80% predicted amino acid sequence identities but have <66% identity with the cytosolic CK.

**Microvessel Tissue Preparation and Real-Time-Quantitative Polymerase Chain Reaction**

After omental biopsy, the omental fat pad sample was immediately placed into cold (4°C), oxygenated, physiological salt solution (PSS) containing 118.2 mM NaCl, 25 mM NaHCO3, 12 mM K2HPO4, 1.2 mM MgSO4, 1.2 mM CaCl2, 20 mM EDTA, and 15 mM HEPES. Resistance-sized arteries (200–400 μm in diameter) were dissected under a microscope, cleaned of adherent adipose and connective tissue, and stored in Trizol Reagent at −80°C. Total RNA was isolated using the Trizol protocol and purified using the QIAGEN RNeasy Mini Kit (Qiagen GmbH, Hilden, Germany) with subsequent DNase treatment. RNA cleanup was done using the RNeasy Minute cleanup kit (Qiagen). To determine tissue-specific transcription, the Clontech total RNA human tissue panel was used to assess isoenzyme distribution in brain, striated and smooth muscle. First-strand cDNA synthesis was performed on 97.5-ng/L RNA using the Avian Myeloblastosis Virus transcriptase. Reaction mixtures contained 2.5-μL cDNA, 0.4 μmol/L of each primer (Invitrogen, Carlsbad, CA), 100 mMol/L Universal Probe Library probe (Roche), 2.5-μL water, and 10-μL absolute quantitative PCR mix (Thermo Fisher Scientific, Asheville, NC) in a total volume of 20 μL. Reactions were run in duplicate. Data were analyzed and quantified, using the second derivative maximum for Cp determination, with the LightCycler 480 software 1.5.0 (Roche).

**Real-Time-Quantitative PCR**

Real-time quantitative PCR was performed on a LightCycler 480 system (Roche), according to the manufacturer’s protocol. Reaction mixtures contained 2.5-μL cDNA, 0.4 μmol/L of each primer (Invitrogen, Carlsbad, CA), 100 mMol/L Universal Probe Library probe (Roche), 2.5-μL water, and 10-μL absolute quantitative PCR mix (Thermo Fisher Scientific, Asheville, NC) in a total volume of 20 μL. Reactions were run in duplicate. Data were analyzed and quantified, using the second derivative maximum for Cp determination, with the LightCycler 480 software 1.5.0 (Roche).

**Statistical Analysis**

The main outcome was the strength of the association between blood pressure and CKB mRNA as measured with the Pearson product-moment correlation coefficient. On the basis of animal studies showing a 1.5- to 4.0-fold increase in cardiac CK or CK mRNA with SBP rising from 120 to 150 to 180 mm Hg, we estimated to need 8 patients to assess a similar association with an α of 0.05 and a 1−β of 0.8. The secondary outcome was the difference in CKB mRNA expression between hypertensives and normotensives. Other outcomes were correlations of blood pressure with non-CKB cytoplasmic and mitochondrial isoenzymes and with total CK. Because of the expected small sample size, assessment of the distribution of the data was not expected to yield relevant data. Because parametric analysis may not be accurate with small sample sizes, and nonparametric analysis may lack power to detect a significant difference, we prespecified to use parametric statistics as our primary analysis—that is, arithmetic mean with SE, Pearson product-moment correlation coefficient (r), the unpaired t test, and 1-way ANOVA with the Bonferroni procedure as a post hoc analysis—and to reanalyze the data as a sensitivity analysis with nonparametric methods (ie, median with interquartile range, Spearman rank-order correlation coefficient (ρ), Mann–Whitney test, or Kruskal–Wallis test with a Dunn post hoc analysis). We considered a 1-sided P value of <0.05 to be statistically significant. Data in brackets are 95% confidence intervals, unless stated otherwise. Data were analyzed with IBM SPSS statistical software package for Windows version 20.0 (SPSS Inc, Chicago, IL) and with GraphPad Prism Software version 5 (GraphPad Software Inc, San Diego, CA).

**Results**

Vessels of 13 normotensive and hypertensive women were included. The clinical characteristics of the participants are depicted in Table 2. With the CK transcripts as described in the Methods section, we first assessed CK isoenzyme mRNA in different human tissues (Figure 1). This is to our knowledge the first report showing that simultaneous assessment of mRNA of the highly homologous tissue CK isoenzymes is identified using the Roche Universal Probe Library Assay Design Center (Table 1). Amplicons were cloned in pGEM-T easy (Promega Corp, Madison, WI), sequenced to validate amplification of the intended transcript, and used to prepare amplicon-specific calibration curves.
feasible. The data indicated that CKM mRNA was predominant in striated muscle and CKB mRNA in other tissue as expected. This confirmed the specificity of our RT-quantitative PCR to detect the 4 highly homologous CK transcripts.

Subsequently, we assessed the human resistance arteries with these validated isoenzyme transcripts. Normalized CK mRNA copy numbers of the vascular tissue and the correlation with SBP and DBP are depicted in Figure 2 showing the strong correlation between CKB mRNA and blood pressure.

Table 2. Clinical Characteristics of the Participants

<table>
<thead>
<tr>
<th>Clinical Parameter</th>
<th>Total Group (N=13)</th>
<th>Normotensives (n=6)</th>
<th>Hypertensives (n=7)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>African ancestry</td>
<td>6</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>Age, y</td>
<td>42.9 (1.6)</td>
<td>41.2 (2.7)</td>
<td>44.3 (1.7)</td>
</tr>
<tr>
<td>Systolic blood pressure, mm Hg</td>
<td>144.8 (8.0)</td>
<td>124.2 (4.5)</td>
<td>162.6 (10.4)</td>
</tr>
<tr>
<td>Diastolic blood pressure, mm Hg</td>
<td>86.5 (4.3)</td>
<td>72.7 (3.3)</td>
<td>98.4 (3.1)</td>
</tr>
<tr>
<td>Heart rate, min⁻¹</td>
<td>79.2 (3.1)</td>
<td>70.8 (2.9)</td>
<td>86.4 (3.3)</td>
</tr>
<tr>
<td>Body mass index, kg/m²</td>
<td>25.9 (1.3)</td>
<td>24.8 (1.0)</td>
<td>26.9 (2.4)</td>
</tr>
</tbody>
</table>

Data are expressed as mean (SE).

*Hypertension was defined as systolic blood pressure ≥140 mm Hg or diastolic blood pressure ≥90 mm Hg, or the use of antihypertensive drugs. Three patients were diagnosed with stage 1 hypertension (systolic blood pressure, 140–159 mm Hg or diastolic blood pressure, 90–99 mm Hg), and 4 with stage 2 hypertension (systolic blood pressure, ≥160 mm Hg or diastolic blood pressure, ≥100 mm Hg). According to Dutch national guidelines, treatment of uncomplicated hypertension is imperative only at systolic blood pressure ≥180 mm Hg. Four hypertensives were treated, with angiotensin-converting enzyme inhibitors, β-adrenergic blockers, calcium channel blockers, or thiazide diuretics, as monotherapy or as combination therapy. None reached control.

Mean CKB mRNA copy numbers were ≈90% higher in hypertensives compared with normotensives, respectively, 19.3 (SE, 2.0) versus 10.1 (2.1), P=0.0045. For the other isoenzymes, mRNA copy numbers in hypertensives compared with normotensives were 0.07 (0.02) versus 0.02 (0.01) for CKM, P=0.031; 0.26 (0.1) versus 0.16 (0.1), for CKMT1, P=0.21; and 2.0 (0.2) versus 1.0 (0.3), for CKMT2, P=0.01. The correlations between non-CKB cytoplasmic and mitochondrial isoenzyme mRNA and blood pressure are shown in Table 3.

Nonparametric statistical methods did not significantly change the direction or the magnitude of the outcomes, with a Spearman rank-order correlation coefficient for the association between CKB mRNA and, respectively, SBP and DBP of 0.70 (P=0.002) and 0.83 (P<0.001).

Discussion

We found a strong association between human resistance artery CK mRNA and systemic SBP and DBP across the clinical spectrum of normotension and hypertension. We also provide a detailed method to assess simultaneously mRNA of 4 highly homologous CK isoenzymes in tissue.

We had shown previously that circulating CK is the main predictor of blood pressure in a random sample of a multiethnic population, with an adjusted blood pressure increase of 7.98 [3.27–12.68] SBP and 4.69 [1.88–7.50] mm Hg DBP per log CK increase; this was replicated in case control and independent population studies. Furthermore, we reported that human isolated resistance artery contractility depends on CK and that specific CK inhibitors greatly attenuate human vascular contractility in vitro. The explanation proposed for these findings was that in the absence of organ damage, high serum CK activity reflected high tissue CK activity. In particular, high CKB activity in resistance arteries was thought to lead to greater vascular contractility and higher blood pressures. Now, we have provided the first direct evidence that resistance artery CK mRNA expression is strongly associated with blood pressure, with a 90% relative increase in CK mRNA in hypertension.

We have no exact data on the protein levels, but the mRNA levels suggest that CK increases in mitochondrial as well as at cytoplasmic locations, at least in vascular smooth muscle (Table 3). We think that this is consistent with other
physiological observations about CK being bound to contractile proteins in vascular smooth muscle. That is, the CKB would increase proportionally to changes in contractile muscle protein and that ratio remains relatively constant. So, changes in cytosolic CK can be estimated on the basis of an assumption of a constant relationship of protein bound CK.

The correlation coefficient between resistance artery CK mRNA and blood pressure was considerably higher than previously reported for serum CK and blood pressure (0.19 for serum CK and SBP versus 0.64 for CKB mRNA and SBP). This may indicate that the association of blood pressure with resistance artery CK mRNA is less likely to be because of an unmeasured confounder than serum CK. Therefore, microvascular CK mRNA may be a more direct estimate of hypertension risk than serum CK.

As previously reported by us and others, on a protein level, vascular CK acts as an energy transducer at the smooth muscle contractile proteins, supplying ATP for the contractile process (Figure 3). Calcium-dependent, RhoA/Rho kinase, and NO-cGMP pathways, the main intracellular effectors of blood pressure-regulating systems in vascular smooth muscle, are thought to converge on contractility responses fueled by CK. The contraction is triggered by a rise in cytosolic Ca²⁺ and initiated by phosphorylation of the serine 19 residue of the myosin regulatory light chain by a specific Ca²⁺-calmodulin–myosin regulatory light chain kinase complex. This myosin regulatory light chain phosphorylation leads to cross-bridge formation between the myosin heads and the actin filaments, and hence, vascular smooth muscle contraction. ATP is required for each actin–myosin complex formed. Vascular smooth muscle contraction is thought to consist of a fast, force-generating component at relatively high-energy costs, and a slow, tonic maintenance of tension, for which ADP is required. If, because of greater CK activity, ADP levels at the contractile proteins do not achieve the level required for tonic maintenance of tension, then the smooth muscle tension response could be altered, leading to excessive vascular smooth muscle isoenzymes CKM, CKMT1, and CKMT2 (isoenzyme CKB, cytoplasmic muscle–type creatine kinase) and blood pressure showed identical correlation coefficients and statistical significance as CKB (data not shown).

**Table 3. Correlation Coefficient of Microvascular CK mRNA Copy Numbers and Blood Pressure**

<table>
<thead>
<tr>
<th>CK mRNA</th>
<th>Normalized Copy Number</th>
<th>Correlation Coefficient (r)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SE</td>
</tr>
<tr>
<td>CKB</td>
<td>15.00</td>
<td>1.91</td>
</tr>
<tr>
<td>CKM</td>
<td>0.05</td>
<td>0.01</td>
</tr>
<tr>
<td>CKMT1</td>
<td>0.19</td>
<td>0.08</td>
</tr>
<tr>
<td>CKMT2</td>
<td>1.53</td>
<td>0.22</td>
</tr>
</tbody>
</table>

Pearson product-moment correlation coefficient (r) with 95% confidence interval in brackets. CKB indicates cytoplasmic brain-type creatine kinase, the predominant CK isoenzyme in smooth muscle; CKM, cytoplasmic muscle-type creatine kinase; CKMT1 and CKMT2 are, respectively, ubiquitous and sarcomeric mitochondrial creatine kinase; DBP, diastolic blood pressure; and SBP, systolic blood pressure.

*P<0.05, †(0.00–0.84), signifies (0.001–0.844).
showed evidence of the presence of endothelin-1 mRNA. However, no correlation with blood pressure was reported. We retrieved no further articles that assessed the transcription of genes involved in the intracellular pathways of pressure responses in peripheral, noncoronary resistance arteries in humans, in relation to systemic blood pressure.

The main strength of this study is that we found, to our knowledge for the first time, that mRNA expression levels of the cytosolic form of the central regulatory enzyme of energy metabolism CK show an almost perfect correlation with DBP and are also highly correlated with SBP, whereas CK mRNA expression nearly doubles with hypertension.

This is in line with previous findings of CK as a main determinant of blood pressure and reports of significant vaso-dilation of isolated resistance arteries after CK inhibition. Furthermore, our data were collected in subjects of African and European ancestry and among the clinical spectrum of normotension to hypertension. A limitation of the study is the small sample size, related to the nature of isolated vessels and European ancestry and among the clinical spectrum of people of sub-Saharan African descent.

Perspectives
We found evidence that human resistance artery CK mRNA levels progressively increase with blood pressure, nearly doubling in hypertension. Together with previous findings that circulating CK is the main predictor of blood pressure in the general population, and that human resistance artery contractility is highly CK dependent, these new data strengthen the evidence that the enzyme may be involved in human hypertension. Hyperexpression of resistance artery CK may serve to meet the increased metabolic demands of enhanced peripheral resistance, as implicated in hypertension. Future studies need to confirm these inferences, and establish whether inhibition of CK may lower blood pressure.

Disclosures
L.M. Brewster is a recipient of a VENI fellowship (grant number 916.10.156) awarded by the Netherlands Organisation for Scientific Research as part of its Innovational Research Incentives Scheme. L.M. Brewster is an inventor on NL patent WO/2012/138226 (filed).

References

What Is New?

• It is unknown, why individuals with high circulating creatine kinase have higher blood pressure.
• We assessed mRNA expression levels of mitochondrial and cytoplasmic creatine kinase in isolated resistance arteries of individuals with normotension and hypertension.

What Is Relevant?

• There is evidence that hypertension in individuals with high creatine kinase is more severe and more resistant to treatment.

Summary

Human resistance artery creatine kinase mRNA expression levels are strongly associated with blood pressure levels and are almost twice as high in hypertensives compared with normotensives. This indicates that creatine kinase may be involved in pressor responses. Further research should address whether creatine kinase inhibition lowers blood pressure.
Resistance Artery Creatine Kinase mRNA and Blood Pressure in Humans
Fares A. Karamat, Inge Oudman, Carrie Ris-Stalpers, Gijs B. Afink, Remco Keijser, Joseph F. Clark, Gert A. van Montfrans and Lizzy M. Brewster

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