Response to European Society of Hypertension and European Society of Cardiology Guidelines and the Muted Enthusiasm for Home Blood Pressure Monitoring

We thank Dr Doyle-Campbell1 for her comments. Like her, we think that home blood pressure monitoring has an established place in the day-to-day management of people with hypertension. We also note the increasing evidence that home blood pressure monitoring is highly predictive of future outcomes. Our response to the suggestion that we missed an opportunity to restate the importance of home blood pressure monitoring is that although the point is well taken, it was our intention neither to write our own position paper in response to the European Society of Hypertension/European Society of Cardiology guidelines nor to contrast them with the numerous other guidelines that exist in the world today.2 As discussed in our article, different committees draw slightly different conclusions from the same evidence base for many reasons.3

Dr Doyle-Campbell makes an important point that home blood pressure monitoring is not only a way for the clinician to better define usual blood pressure in an individual but also helps educate and empower the patient.4

Disclosures

None.

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Garry L.R. Jennings and Rhian M. Touyz

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