Response to Should More Significance Be Granted to Medication Response to Antihypertensives in Patients With Resistant Hypertension?

We appreciate the careful reading of our article1 by Liu et al2 and their thoughtful comments expressed in their letter to the editor “Should More Significance Be Granted to Medication Response to Antihypertensives in Patients with Resistant Hypertension?” We agree that identification of effective multidrug regimens is essential for the accurate diagnosis and subsequent treatment of true resistant hypertension. No doubt such efforts will be promoted by consideration of pharmacogenetics, racial and ethnic differences, and potential biochemical markers. We further endorse the authors’ conclusion that there is a distinction between apparent and true resistant hypertension. Although our analysis was strengthened by a large and diverse cohort, we did indicate that study limitations included not having information on antihypertensive medication doses, relying on participant self-report of medication adherence, and not being able to exclude white coat effects through ambulatory monitoring. Overcoming these limitations in subsequent analyses will provide important clarification of the prevalence of refractory hypertension.

Disclosures

None.

David A. Calhoun
Vascular Biology and Hypertension Program
Division of Cardiovascular Disease
Department of Medicine
University of Alabama at Birmingham

John N. Booth III
Department of Epidemiology
School of Public Health
University of Alabama at Birmingham

Suzanne Oparil
Vascular Biology and Hypertension Program
Division of Cardiovascular Disease
Department of Medicine
University of Alabama at Birmingham

Marguerite R. Irvin
Department of Epidemiology
School of Public Health
University of Alabama at Birmingham

Daichi Shimbo
Department of Medicine
Columbia University Medical Center
Columbia University
New York, NY

Daniel T. Lackland
Department of Neurosciences
Medical University of South Carolina
Charleston

George Howard
Department of Biostatistics
School of Public Health
University of Alabama at Birmingham

Monika M. Safford
Division of Preventive Medicine
Department of Medicine
University of Alabama at Birmingham

Paul Muntner
Department of Epidemiology
School of Public Health
University of Alabama at Birmingham

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David A. Calhoun, John N. Booth III, Suzanne Oparil, Marguerite R. Irvin, Daichi Shimbo, Daniel T. Lackland, George Howard, Monika M. Safford and Paul Muntner

Hypertension. 2014;63:e84; originally published online February 24, 2014; doi: 10.1161/HYPERTENSIONAHA.114.00004

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