Response to Should More Significance Be Granted to Medication Response to Antihypertensives in Patients With Resistant Hypertension?

We appreciate the careful reading our article1 by Liu et al2 and their thoughtful comments expressed in their letter to the editor “Should More Significance Be Granted to Medication Response to Antihypertensives in Patients with Resistant Hypertension?” We agree that identification of effective multidrug regimens is essential for the accurate diagnosis and subsequent treatment of true resistant hypertension. No doubt such efforts will be promoted by consideration of pharmacogenetics, racial and ethnic differences, and potential biochemical markers. We further endorse the authors’ conclusion that there is a distinction between apparent and true resistant hypertension. Although our analysis was strengthened by a large and diverse cohort, we did indicate that study limitations included not having information on antihypertensive medication doses, relying on participant self-report of medication adherence, and not being able to exclude white coat effects through ambulatory monitoring. Overcoming these limitations in subsequent analyses will provide important clarification of the prevalence of refractory hypertension.

Disclosures

None.

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