Effect of Atrial Natriuretic Factor on Blood Pressure, Renin, and Aldosterone in Goldblatt Hypertension

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SUMMARY We previously provided evidence that atrial natriuretic factor (ANF) antagonizes angiotensin II-induced vascular contractility and angiotensin II-stimulated aldosterone production by isolated adrenal cells. To examine the importance of these effects in vivo, synthetic ANF (auriculin A) was administered intravenously (2 μg/kg bolus followed by 0.3 μg/kg/min constant infusion) to conscious, unrestrained two-kidney, one-clip and one-kidney, one-clip rats on normal sodium intake and their sham-operated controls. The one-kidney, one-clip rats also were studied on a sodium-deficient diet. Mean blood pressure, plasma renin activity, and plasma aldosterone levels were measured before and after 60-minute infusion. In saralasin-responsive two-kidney, one-clip rats (n = 10), ANF administration reduced blood pressure (from 187 ± 11 [SE] to 153 ± 11 mm Hg; p < 0.001) and plasma aldosterone levels (from 182 ± 61 to 125 ± 60 ng/dl; p < 0.05), while plasma renin activity increased (from 59 ± 16 to 82 ± 20 ng/ml/hr; p < 0.05). Lesser changes in blood pressure occurred in saralasin-nonresponsive two-kidney, one-clip rats (149 ± 10 to 143 ± 8 mm Hg; n = 5), sodium-replete one-kidney, one-clip rats (183 ± 9 to 170 ± 11 mm Hg; n = 9), two-kidney sham-operated rats (122 ± 3 to 115 ± 4 mm Hg; n = 8), and one-kidney sham-operated rats (117 ± 3 to 112 ± 3 mm Hg; n = 7). Control plasma renin and aldosterone levels were not elevated in these latter groups and did not change significantly with ANF administration. In sodium-depleted one-kidney, one-clip rats, which became saralasin responsive, ANF administration significantly reduced blood pressure (from 184 ± 11 to 156 ± 12 mm Hg; n = 8), plasma aldosterone levels (from 286 ± 41 to 179 ± 36 ng/dl), and plasma renin activity (from 69 ± 19 to 44 ± 13 ng/ml/hr). These data indicate that ANF has potent antihypertensive and aldosterone-suppressing effects in vivo, irrespective of induced changes in plasma renin activity. Both the vascular and adrenal effects of ANF appear to be enhanced when the activity of the renin-angiotensin system is increased.

(Hypertension 7 [Suppl I]: I-43-I-48, 1985)

KEY WORDS • angiotensin • auriculin • saralasin • rats • renovascular hypertension
Several other observations also suggest potentially important interactions of ANF with the renin-angiotensin system. It has been shown that ANF inhibits both basal and agonist-induced aldosterone production by isolated adrenal zona glomerulosa cells.\textsuperscript{18-21} In normal dogs, synthetic ANF reduces blood pressure, renin secretion rate, plasma renin activity (PRA), and plasma aldosterone (PA) levels.\textsuperscript{15} In addition, preliminary results suggest an especially pronounced reduction of blood pressure and aldosterone levels in rats with renin-dependent hypertension.\textsuperscript{22}

The present study investigated the hemodynamic and hormonal responses to synthetic ANF in two forms of experimental renovascular hypertension in the rat, which provide in vivo models characterized by suppression or stimulation of the renin-angiotensin system. This experimental approach was undertaken to investigate whether, in the intact animal, ANF induces more profound reduction of blood pressure and aldosterone levels when the activity of the renin-angiotensin-aldosterone system is enhanced.

**Methods**

The synthetic ANF used throughout the study was the 24 amino acid residue peptide auriculin A (molecular weight, 2546), which was produced by solid phase synthesis, as previously described.\textsuperscript{7}

Renal hypertension was produced in male Wistar rats weighing between 75 and 125 g. Groups of up to 40 rats were prepared at the same time. Two-kidney, one-clip hypertension was induced by placing a silver clip (0.22 mm inside diameter) across the left renal artery, exposed while the rat was under anesthesia, with the right kidney left untouched. Sham-operated rats served as controls. One-kidney, one-clip hypertension was produced by applying the same surgical procedure to rats that had undergone right nephrectomy 1 week earlier. One-kidney sham-operated rats also were prepared. Following operation, rats were maintained on normal sodium Purina rat chow (0.35% sodium; Ralston Purina Co., Richmond, IN) and were allowed water ad libitum. Blood pressure was monitored at weekly intervals by tail cuff sphygmomanometry (PE-300, Narco Biosystems, Inc., Houston, TX).

After hypertension was established (5-9 weeks after renal artery clipping), the rats were weighed and, under anesthesia induced with ketamine (Vetalar, 60 mg/kg) and acepromazine (Promace, 0.3 mg/kg), hepatoenterized catheters were implanted in the right carotid artery (PE-50) and jugular vein (PE-20). The catheters were then plugged and tunneled subcutaneously under the nape of the neck to emerge between the scapulae, where the plugs were sutured in place. Between four and six animals were prepared for study simultaneously, in most cases including animals from each experimental group.

The rats were then placed in individual metabolic cages (21 cm diameter \( \times \) 17 cm high) in a room with constant temperature. Six hours later, an 18-hour urine collection was begun for determination of baseline sodium excretion rate. At the end of this period, the exteriorized catheters were recovered from the conscious, unrestrained animals, extended out of the cage, and connected to an arterial pressure transducer (P23 db, Gould/Statham, Saddle Brook, NJ) and multichannel recorder (Gould 2400 series) and to a Harvard infusion pump (Millis, MA). The total dead space in each system was 300 \( \mu \)L.

After a 30-minute stabilization period, Sar'Ala\textsuperscript{4}-angiotensin II (saralasin) was infused (10 \( \mu \)g/kg/min for 15 minutes) to determine whether hypertension was "renin dependent" (>10 mm Hg fall in mean blood pressure).\textsuperscript{23} A saline infusion (0.037 ml/min) was then begun, and 90 minutes later, 1 ml of blood was collected into a chilled tube containing EDTA for measurements of PRA and PA; 1 ml of saline was given as replacement. Synthetic ANF, dissolved in saline, was then administered intravenously as a 2 \( \mu \)g/kg bolus followed by a constant infusion of 0.3 \( \mu \)g/kg/minute for 60 minutes. Blood sampling was repeated at the end of the ANF infusion, followed again by 1 ml of saline replacement. Finally, the saline infusion was continued during a 60-minute recovery period. Mean blood pressure was monitored continuously throughout the experiment, and heart rate was determined at the end of each experimental phase.

In addition to the experimental groups already described, a group of sodium-depleted one-kidney, one-clip animals was prepared. After hypertension was established, these rats, selected at random, were put on a sodium deficient diet (ICN, Cleveland, OH) for 1 week before instrumentation.

The PRA and PA levels were determined as previously described.\textsuperscript{14, 15} Urinary sodium concentration was measured by direct potentiometry (Nova 1, Nova Biomedical, Newton, MA). Mean blood pressure measurements were analyzed at 5-minute intervals throughout the experiment; steady state responses were taken as the average of the last eight determinations in each experimental period.

Statistical analysis was performed by using the BMDP statistical software.\textsuperscript{26} Significance of blood pressure responses to ANF among the various groups was evaluated by analysis of variance for repeated measurements. Simultaneous multiple comparisons between pairs of groups were made by the modified \( t \) test; the Bonferroni method was used to adjust the significance level.\textsuperscript{27} Where no repeated measurements were involved, comparisons within the same group were made using a paired Student's \( t \) test. All values are presented as means \( \pm \) SEM.

**Results**

Table 1 shows the mean values for body weight and urinary sodium excretion rate in the different groups of animals on the day before the experiment. No significant difference in these parameters was observed among the groups, except that sodium excretion rate was, as expected, significantly reduced in the sodium-depleted animals (\( p < 0.05 \)).
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<table>
<thead>
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<th>Table 1</th>
<th>Body Weight and Baseline Sodium Excretion Rate in Renovascular Hypertensive and Sham-Operated Rats</th>
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<td>Saralasin responsive</td>
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<td>Saralasin nonresponsive</td>
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<td>1K-IC</td>
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<td>2K Sham operated</td>
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<td>1K Sham operated</td>
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Values are means ± SEM
K = kidney; C = clip, $U_{NaV}$ = urinary sodium excretion

Figure 1 shows the time course of the blood pressure response to synthetic ANF in the two-kidney and one-kidney, one-clip rats and in their respective controls. Analysis of variance for all the groups revealed highly significant changes in blood pressure during the time course of the experiment ($F = 18.41; p < 0.001$). A significant fall in blood pressure was observed within 10 minutes in the two-kidney, one-clip rats ($p < 0.01$), and within 20 minutes in the one-kidney, one-clip group ($p < 0.05$) and was sustained throughout the infusion. A small but significant decrease in blood pressure was detectable in the one-kidney sham-operated group after 20 minutes and was sustained throughout the infusion ($p < 0.05$). In the two-kidney sham-operated animals, blood pressure tended to fall during ANF infusion, but the decrease did not reach statistical significance.

The degree of blood pressure reduction by ANF was most pronounced in the 10 renin-dependent two-kidney, one-clip rats. As shown in Table 2, the percent change in blood pressure from baseline was greatest in this group at each time point during the INFusion.

Figure 2 shows the effect of sodium deprivation on the blood pressure response to ANF in the one-kidney, one-clip hypertensive model. Control blood pressure was not significantly affected by sodium depletion

(183 ± 9 versus 184 ± 11 mm Hg). Analysis of variance showed significant changes in blood pressure during the time course of the experiment ($F = 22.41, p < 0.001$). The reduction in sodium intake, which

<table>
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<th>Percent Changes in Mean Blood Pressure During Atrial Natruretic Factor Infusion in Hypertensive and Sham-Operated Rats</th>
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<td>Group</td>
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<tr>
<td>2K-IC</td>
<td>$-10.2±2.0$</td>
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<td>1K-IC Sodium replete</td>
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<td>2K Sham operated</td>
<td>$-0.2±1.4*$</td>
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<tr>
<td>1K Sham operated</td>
<td>$-3.0±0.7*$</td>
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<tr>
<td>1K-IC Sodium-depleted</td>
<td>$-9.5±1.78$</td>
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Each value represents the mean percent change from baseline (± SEM) in blood pressure at the indicated times of ANF infusion and following a 60-minute recovery period.

$p$ values were adjusted for multiple simultaneous comparisons of all pairs of means.

There was no significant difference between the sodium-replete one-kidney, one-clip, two-kidney sham-operated, and one-kidney sham-operated groups at any time point.

K = kidney, C = clip, ANF = atrial natriuretic factor

*p < 0.05, $p < 0.001$ compared with the two-kidney, one-clip group

$tp < 0.05, $sp < 0.001$ compared with the sodium-replete one-kidney, one-clip group
converted the one-kidney, one-clip animals to a renindependent form of hypertension, led to a significantly greater ANF-induced fall in mean blood pressure at each time point during the ANF infusion (see Table 2).

Figure 3, which compares the steady state changes in blood pressure induced by ANF and saralasin, shows that the decrease in blood pressure induced by ANF was greatest in the two saralasin-responsive groups of animals: −34 ± 5 mm Hg in the two-kidney, one-clip or −28.5 ± 3 mm Hg in the sodium-depleted one-kidney, one-clip rats (versus −13.5 ± 4 mm Hg in the sodium-replete one-kidney, one-clip, one-clip, p < 0.05, and versus −6.6 ± 3 and −5.9 ± 1 mm Hg in the two-kidney and one-kidney sham-operated groups respectively, p < 0.001). Only mild hypertension developed in 5 of the 15 two-kidney, one-clip animals prepared (control mean blood pressure, 149 ± 10 mm Hg) and was not saralasin responsive (not shown in Figure 1). In these five animals ANF administration reduced blood pressure by only 6.6 ± 3 mm Hg, far less than the reduction observed in the 10 renin-dependent two-kidney, one-clip animals (p < 0.001).

No significant change in heart rate was induced by ANF in any of the groups (two-kidney, one-clip: 411 ± 17 to 413 ± 15 beats/min, n = 10; one-kidney, one-clip: 408 ± 19 to 416 ± 8, n = 9; sodium-depleted one-kidney, one-clip: 454 ± 12 to 456 ± 17, n = 8; two-kidney sham-operated: 403 ± 18 to 388 ± 18, n = 8; one-kidney sham-operated: 423 ± 17 to 401 ± 14, n = 7).

The individual responses of blood pressure, PRA, and PA to ANF in the saralasin-responsive two-kidney, one-clip rats are shown in Figure 4. Mean blood pressure fell in each animal and then increased during the recovery period. Baseline PRA was elevated (>15 ng/ml/hr) in all animals and increased further during the ANF infusion in 7 out of 10 animals. Baseline PA also was elevated in each animal. Despite the ANF-induced increase in PRA, PA levels actually fell in 9 out of 10 animals, the decrease exceeding 50% in 5 of these. Mean baseline and steady state experimental values of these parameters are shown for this group, as well as the remaining groups, in Figure 5. Baseline PRA and PA were markedly elevated in the two saralasin-responsive groups (see Figure 5). In the two-kidney, one-clip group, ANF induced an average 46 ± 14% increase in PRA (p < 0.05). In contrast, PRA fell consistently and significantly (p < 0.05) by 34 ± 5% in the sodium-depleted one-kidney, one-clip animals. The PRA did not change in the remaining groups. Despite the opposite responses of PRA, ANF induced a significant fall (p < 0.05) in PA levels in both the two-kidney, one-clip (−49 ± 12%) and sodium-depleted one-kidney, one-clip (−39 ± 7%) groups. Although PA levels tended to fall in the remaining groups, these changes did not achieve statistical significance

Discussion

These results provide evidence that synthetic ANF reduces blood pressure in vivo, which indicates that the blood pressure lowering effect previously observed with crude atrial extracts is due specifically to ANF. Not surprisingly, blood pressure fell to a greater extent in hypertensive than in normotensive animals. Our study clearly shows, however, that, despite similar degrees of hypertension, ANF induced greater falls in blood pressure in saralasin-responsive animals with higher baseline values of renin and aldosterone.
The greater responsiveness of renin-dependent animals may depend on the dose of ANF used. In earlier unpublished experiments we observed that the blood pressure lowering effect of large doses of crude atrial extract was similar in two-kidney, one-clip and one-kidney, one-clip rats. In additional preliminary experiments we have found that a threefold increase in the dose of synthetic ANF (i.e., 6 μg/kg bolus followed by 0.9μg/kg/min infusion) markedly enhances the anti-hypertensive effect in one-kidney, one-clip rats and appears to abolish the differences in blood pressure response observed herein between renin-dependent and non-renin-dependent hypertensive rats.

This increased blood pressure sensitivity to low-dose ANF infusion in renin-dependent hypertensive rats may be directly related to the increased circulating levels of angiotensin II that presumably exist in these animals. Thus, although ANF has generic actions on vascular smooth muscle in vitro, it is possible that angiotensin II-induced increases in vascular resistance may be more susceptible to antagonism by ANF in vivo. At higher doses, ANF might exhibit less specificity by antagonizing a variety of vasoconstrictor mechanisms. This hypothesis would be consistent with our earlier observations in isolated aortic rings. Other possible explanations cannot, however, be excluded. For instance, ANF might induce greater blood pressure reduction in volume-contracted animals, and both two-kidney, one-clip and sodium depleted one-kidney, one-clip rats probably represent relatively volume-contracted models, especially compared with sodium-replete one-kidney, one-clip animals. An enhanced blood pressure response in the volume-depleted state might reflect a nonspecific response to vasodilatation, or alternatively, it might reflect the lower endogenous circulating levels of ANF that would hypothetically exist in such a state. Further work is needed to distinguish among these and other possibilities.

The fall in blood pressure, even when marked, was not associated with the expected reflex increase in heart rate. This observation may be consistent with the hypothesis that ANF has vagal stimulating activity.** Our study is not conclusive in this respect, however, since a transient increase in heart rate during the first minutes of the infusion may have been missed. Moreover, a direct effect of ANF on baroreceptors cannot be ruled out.

Another important finding of our study is the marked aldosterone-suppressing effect of ANF observed in the renin-dependent hypertensive rats. The PA levels tended to fall in the other groups of rats as well, although the change was not statistically significant. The fact that PA levels fell irrespective of whether PRA increased or decreased suggests a direct adrenal effect of ANF. Although it is possible that divergent responses of PA and PRA (as occurred in the two-kidney, one-clip animals) could result from inhibition of angiotensin-converting enzyme, this seems to be an unlikely explanation as we have found that ANF, at concentrations up to 10^-6 M (2.5μg/ml), does not inhibit converting enzyme activity in vitro (unpublished data, 1984). Thus, the response of aldosterone to ANF in the present study is in keeping with previous reports showing that aldosterone production is antagonized by ANF in vitro. In bovine adrenal cells, auriculin has been shown to inhibit aldosterone production in the basal state and following stimulation by angiotensin II, dibutyryl cyclic adenosine monophosphate, and potassium. Each agonist is able to partially overcome the inhibitory effect. In isolated rat adrenal cells, however, unlike other agonists, angiotensin II is unable to overcome the inhibitory effect of auriculin on aldosterone production (G. Aguilera, personal communication, 1984).

Our finding that PRA generally increased in two-kidney, one-clip hypertensive rats after 1 hour of constant ANF infusion contrasts with our previous finding that ANF decreased PRA and renin secretion rate in normal dogs. Suppression of renin release by ANF might result from an increased load of sodium chloride to the macula densa. If so, then the failure of ANF to decrease PRA in two-kidney, one-clip hypertensive

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**Figure 5. Effects of ANF on blood pressure, plasma renin activity, and plasma aldosterone levels in the different experimental groups. Shaded bars represent the mean values obtained in the control period, and solid bars the values obtained at the end of the ANF infusion. In the saralasin nonresponsive two-kidney, one-clip (2K-IC) rats (not shown), baseline plasma renin activity was 2.4 ± 1 ng/ml/hour and did not change significantly after ANF administration. *p < 0.05; 1K-IC = one-kidney, one-clip rats; 1K-sham = one-kidney sham-operated rats, 2K-sham = two-kidney sham-operated rats.
rats, at least acutely, might be due to an impaired ability of the peptide to increase distal sodium chloride delivery promptly in the ischemic, renn-secretting kidney. In the acute response of the ischemic kidney, therefore, other factors, such as a reduction in renal perfusion pressure or, hypothetically, direct effects on the juxtaglomerular cells, might predominate, which would result in net stimulation of renn release. If this hypothesis is correct, then the consistent suppression of PRA in the sodium-depleted one-kidney, one-clip animals may be difficult to explain. It is quite likely, however, that when the macula densa mechanism is markedly stimulated by sodium depletion, even a small increase in distal sodium supply may cause marked inhibition of renn release.

In conclusion, the results of the present study indicate that ANF reduces blood pressure in vivo and that its hypotensive effect appears to be enhanced in the presence of high circulating levels of angiotensin II. Similarly, the ability of ANF to reduce PA levels in vivo appears to be especially pronounced when angiotensin II and basal aldosterone secretion are elevated. These studies reveal major interactions with the renin-angiotensin-aldosterone system in vivo that are of potential importance in the presumed physiological actions of ANF.

Acknowledgment

We thank Dr. John Lewicki (California Biotechnology Inc., Mountain View, CA), who kindly provided synthetic atrial natriuretic factor.

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Effect of atrial natriuretic factor on blood pressure, renin, and aldosterone in Goldblatt hypertension.
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Hypertension. 1985;7:I43
doi: 10.1161/01.HYP.7.3_Pt_2.I43
Hypertension is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
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Print ISSN: 0194-911X. Online ISSN: 1524-4563

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